

Archdiocese of Orthodox Parishes of Russian Tradition
In Western Europe

Exarchate of the Ecumenical Patriarchate

Episcopal Vicariate of Great Britain and Ireland

OLD STYLE
CALENDAR & LECTIONARY

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INTRODUCTION

This publication is designed to assist those parishes, and individual members of the Episcopal Vicariate, still using the Old Calendar – strictly called the Revised Julian Calendar – to construct for themselves the pattern of daily readings.

Because of the complications of the Calendar, anyone who wishes to follow the readings closely may wish to acquire a diary and use that to work out the structure of the year's readings and feasts. Bookshops which sell "remaindered" books are often found in centres of major towns and from late summer onwards they usually have the following year's diaries for sale at very cheap prices.

In the first place, there is a Calendar of the Feasts – a *Menologion* – which gives the readings appointed for each feast, apart from those which follow the moveable cycle based on Pascha.

Next, there is a Lectionary of Weekly Readings which turns on the Paschal Cycle – it actually begins three Sundays before the start of Lent, at the Sunday of the Publican and Pharisee, where the Triodion begins to be used – the eleventh Sunday before Pascha. It then follows through Paschaltide to Pentecost and beyond, right up to the Sunday next before Publican and Pharisee the following year – that Sunday is the last Sunday numbered after the preceding Pentecost.

This is where matters begin to get complicated, as there can be anything between 32 and 37 Sundays after Pentecost. In some years it is even necessary to repeat weekly readings to fill up the gaps. In other years there is a certain compression of the readings. These variants do not begin to appear until after the 17th Sunday after Pentecost. Until then the readings are the same in every year.

There are also different schemes of readings. The Church of Constantinople has its own scheme of readings which differs in some particulars from those followed by the churches of Russian Tradition. Our own Archdiocese of Orthodox Parishes of Russian Tradition in Western Europe follows an older scheme of Russian Church readings than the Moscow Patriarchate presently uses. Therefore, the various on-line calendars provided by Russian Orthodox Parishes in the United States and elsewhere do not quite co-incide with the Archdiocesan scheme. The Archdiocese produces a printed lectionary in Russian at the end of each calendar year¹, and we shall endeavour to put up, on the Vicariate's website, details of the variations from the "Moscow Use". However, it is safe to say that until the Sunday after the Feast of the Elevation of the Cross, in mid-September, all the calendars are identical.

There are a few Feasts which fall on variable dates which do not depend on the date of Pascha. One example is the Synaxis of the New Martyrs of Russia which falls on the fourth Sunday of January. These Feasts are indicated in the months concerned. There are also specially appointed readings for the Saturdays and Sundays before and after the Feasts of the Exaltation of the Cross, the Nativity, and Theophany. These are shown here under the heading of The Minor Cycles.

¹ Available from Mlle. M. Jakovliev, 7-bis rue du Bois, 92600 Asnières, France at a price of €....
[We hope to have a small number of copies available for purchase from Episcopal Vicariate Publications through its website]

PRINTED CALENDARS

A very comprehensive **Liturgical Calendar** is available from the St. John of Kronstadt Press, 1180 Orthodox Way, Liberty, TN 37095-4366, U.S.A. (www.sjcp.org) at a price of US \$25 plus postage. It can be ordered on-line using a credit card.

St Tikhon's Seminary Press, PO Box B South Canaan, PA 18459 U.S.A. also publishes an annual volume, **Liturgical Calendar And Rubrics**, according to Russian usage and the revised Julian Calendar. It should be available from Orthodox Christian Books Ltd (www.orthodoxbooks.co.uk). The cost in 2009 is likely to be in the order of £25. It can also be obtained directly from St. Tikhon's bookstore (www.stspress.com) for US \$ 22 plus postage.

WEBSITES

Holy Trinity Russian Orthodox Church (Moscow Patriarchate), Baltimore, Maryland
<http://www.holytrinityorthodox.com/calendar/>

This is probably the best on-line Old Style Calendar and can provide commemorations and readings not just for current dates, but for those many years ahead. This follows the current "Moscow Use".

http://www.canto.ru/calendar/index_en.php is a site based in Russia and can be viewed both in Russian and English. It provides a calendar of feasts and commemorations, but not the lectionary readings.

<http://www.abbamoses.com/lectionary.html> provides a scheme of readings but this does not quite coincide with that used in the Archdiocese.

A more technical description of how the Lectionary works is to be found at <http://www.abbamoses.com/lectionary.html> from St. Nicholas Russian Orthodox Church, Dallas, Texas.

FASTING AND THE FASTS

We turn for our understanding of fasting to the Bible itself. Christ fasted in preparation for His ministry (Matt. 4:2), and very clearly linked it with prayer in His teaching (Matt. 17:21). This pattern has come through into the Church's practice, and fasting is a strongly and fundamentally liturgical activity. As the Liturgy permeates the whole of our life, so fasting is woven into it.

The Calendar gives us the pattern of this in three cycles: the weekly (Wednesdays and Fridays), the festal (the Christmas, Apostles and Dormition fasts, together with the Eve of the Theophany, the Beheading of Saint John the Baptist and Holy Cross Day), and the Paschal (Great Lent). Of these, the Paschal - the most ancient - has a special place, as it leads up to the Feast of Feasts itself, and even has its own period of preparation from Zacchaeus Sunday to Forgiveness Sunday, during which we are drawn gently into the fullness of Great Lent. This works as follows: The week following the Sunday of the Publican and Pharisee is fast-free: everything may be eaten every day. The week following the Sunday of the Prodigal Son is a normal week, with fasting on Wednesday and Friday. The week following the Last Judgement (Cheesefare Week) is meat-free, but eggs and dairy products may be eaten every day.

The rules of fasting as laid down were drawn up in monasteries in warm countries and, for many living in England today, it is difficult or even impossible to keep them in their fullness. Also, many people are isolated in their Orthodox practice, and the injunction not to let our fasting be seen by others (Matt. 6:16-18) must be remembered. Learning to practise our fasting according to the Law of Love - for God and for our neighbour - needs discernment, and we must remember here that fasting from certain foods is one of many means of inner discipline. It is, though, important to our living in the Church's rhythm of life to observe the fasting rules as fully as possible, doing as much, not as little, as we can and observing every day and season of fasting in some way. If we can be in church, sustained by the prayer of the whole Church, the link between prayer and fasting will become the clearer, but if not, prayer at home or on the bus will feed our fasting, as will almsgiving.

The pattern of abstinence from certain foods is almost directly a reverse image of the Creation. Animals (6th day) were created just before man, and meat is the first to go, closely followed by animal products: eggs, milk, cheese etc. Then comes fish (5th day), which disappears next, leaving us with the earth's harvest (vegetables, fruit, herbs, wheat, pulses etc.: 3rd day). Oil and wine are allowed on some days in the fasts, as, on certain days, is fish. These exceptions can be worked out from this Calendar, and are added to the basic fast of vegetable products prepared with water.

Discipleship and discipline come from the same root. If fasting becomes a response of love and obedience, it soon becomes a natural part of our Christian life.

A NOTE ON DATES

Following the usage of the Russian Orthodox Church, certain parishes of our Vicariate use the Old (Julian) Calendar, which, at present, is thirteen days behind the New Calendar (i.e. the civil calendar). In this Calendar & Lectionary, which follows the usage of the Archdiocese of Orthodox Parishes in Western Europe under the Ecumenical Patriarchate, for each entry the day of the month is given in the top left hand corner: the first figure is the date on the Old Calendar, the second figure is the corresponding date on the New Calendar, included here for convenience. Thus:

Feast Day	Old Calendar Date	Which on the New Calendar is:
Jan. 1/14: The Circumcision	1 st January	14 th January
Jan. 6/19: Theophany	6 th January	19 th January
Dec. 25/7: Christmas	25 th December	7 th January

- 13/26 **Forefeast of the Exaltation of the Cross.**
***Commemoration of the Dedication of the Church of the Resurrection at Jerusalem (335).**
 Hieromartyr Cornelius the Centurion (1st).
 St Peter of Atroa (9th).
 Great Martyr Ketevan, Queen of Georgia (1624).
Vespers 1. 3(1) Kings 8:22-23,27-30 2. Proverbs 3:19-34
 3. Proverbs 9:1-11
 * Hebrews 3:1-4 * Matthew 16:13-18
- 14/27 **THE UNIVERSAL EXALTATION (ELEVATION)**
OF THE PRECIOUS AND LIFEGIVING CROSS.
 fast
 (wine and
 oil if
 not a
 Wednesday
 or Friday)
 Repose of St John Chrysostom (407).
Vespers 1. Exodus 15:22-16:1 2. Proverbs 3:11-18 3. Isaiah 60:11-16
Matins Gospel John 12:28-36
 1 Corinthians 1:18-24 John 19:6-11,13-20,25-28,30-35
- 15/28 **Afterfeast of the Exaltation of the Cross.**
 Great Martyr Nicetas the Goth (372).
 Uncovering of the relics of St Acacius, Bishop of Melitene (3rd).
 Uncovering of the relics of the Holy Protomartyr and Archdeacon Stephen (415).
 St Symeon, Archbishop of Salonica (1429).
 * Galatians 2:16-20 * Mark 8:34-9:1
- 16/29 **Afterfeast of the Exaltation of the Cross.**
 Great Martyr Euphemia the All-praised (304).
 Repose of St Cyprian, Metropolitan of Moscow and All Russia (1406).
 Martyr Sebastiana (86-96).
 Martyrs Victor and Sosthenes at Chalcedon (304).
 Martyr Ludmilla, grandmother of St Wenceslaus (927).
St Ninian, Bishop of Whithorn (Candida Casa) (Galloway) (5th).
St Edith of Wilton (984).
- 17/30 **Afterfeast of the Exaltation of the Cross.**
Tuesday Martyr Sophia, and her three daughters, Faith, Hope and Love (Vera, Nadezhda and Lyubov), at Rome (137).
 Martyr Theodota at Nicaea (230). Martyr Agathocleia.
- 18/1 Oct **Afterfeast of the Exaltation of the Cross.**
 St Eumenios, Bishop of Gortyna (7th).
 Martyr Ariadne of Phrygia (2nd).
- 19/2 **Afterfeast of the Exaltation of the Cross.**
 Martyrs Trophimus, Sabbatius, and Dorymedon of Synnada (276).
 St Theodore, Prince of Smolensk (1299) and his children David and Constantine.
 Hieromartyr Januarius, Bishop of Benevento (305).
St Theodore of Tarsus, Archbishop of Canterbury (690).
- 20/3 **Afterfeast of Exaltation of the Cross.**
 Great Martyr Eustathius (Eustace), his wife, Martyr Theopiste, and their children, Martyrs Agapius and Theopistus, of Rome (118).
 Holy Martyr Michael, Prince of Chernigov, and his Councillor Theodore (1245).

- 21/4 **Leavetaking of the Exaltation of the Cross.**
 Apostle Quadratus of the Seventy (130).
 *Uncovering of the relics of St Demetrius, Metropolitan of Rostov (1752).
 Hieromartyr Hypatius, Bishop of Ephesus, and his Presbyter Andrew (730-735).
 * Hebrews 7:26-8:2 * John 10:9-16
- 22/5 Prophet Jonah (8th BC).
 Hieromartyr Phocas, Bishop of Sinope (117).
 St Jonah the Presbyter, father of St Theophanes the Hymnographer and St Theodore Graptus (9th).
 Martyr Phocas the Gardener of Sinope (320).
- 23/6 ***The Conception of the Holy Glorious Prophet, Forerunner and Baptist John.**
 St Xanthippe and St Polyxene, disciples of the Apostles, who died in Spain (109).
 Virgin-Martyr Irais of Alexandria (308).
 Glorification of St Innocent, Metropolitan of Moscow (1977).
St Adamnan (Eunan), Abbot of Iona (704).
 * Galatians 4:22-31 * Luke 1: 5-25
- 24/7 Holy Protomartyr Thecla (1st).
 St Nicander, Hermit of Pskov (1581).
 Martyr Galacteon, Monk of Vologda (1612).
 St Vladislav of Serbia (1239).
- 25/8 ***Repose of St Sergius, Abbot of Radonezh (1392).**
 St Euphrosyne of Alexandria (5th).
St Finbarr (Barry), Bishop of Cork (633).
St Ceolfrid (716).
Matins Gospel Matthew 11: 27-30
 * Galatians 5:22-6:2 * Luke 6: 17-23
- 26/9 ***Repose of the Holy Apostle and Evangelist John the Theologian (2nd).**
****St Tikhon, Patriarch of Moscow and All Russia (1925).**
 St Nilus of Rossano (1004).
 St Ephraim, Abbot of Perekop, Wonderworker of Novgorod (1492).
Vespers 1. 1 John 3:21-4:6 2. 1 John 4:11-16 3. 1 John 4:20-5:5
Matins Gospel John 21:15-25
 * 1 John 4:12-19 * John 19:25-27; 21:24-25
 ** Hebrews 7:26-8:2 ** John 10:9-16
- 27/10 Apostles Mark, Aristarchus, and Zenas, of the Seventy (1st).
 Martyr Callistratus and his company (304).
 St Sabbatius of Solovki (1435).
 Hieromartyr Peter, Metropolitan of Krutitsk (1937).
 St Epicharis of Rome (284-305).
 St Ignatius, Abbot in Asia Minor (963-975).
 New Martyr Aquilina at Salonica (1764).
- 28/11 St Chariton the Confessor (350).
***St Cyril and St Maria, Parents of St Sergius of Radonezh (1337).**

The Prophet Baruch (6th BC).
Martyrdom of St Wenceslaus, Prince of the Czechs (935).

Matins Gospel Matthew 4:25-5:12
* 2 Corinthians 4:6-15 * Luke 6:17-23

29/12 St Cyriacus the Hermit, of Palestine (556).
Martyrs Dada, Gabdelas and Casdoe of Persia (4th).
St Theophanes the Merciful of Gaza.

30/13 Hieromartyr Gregory, Bishop of Greater Armenia (332).
St Michael, First Metropolitan of Kiev (992).
Martyrs Rhipsime and Gaiana of Armenia and 35 Virgins with them (4th).
St Honorius, Archbishop of Canterbury (653).

OCTOBER

1/14

***THE PROTECTION OF OUR MOST HOLY LADY,
THE MOTHER OF GOD AND EVER-VIRGIN MARY.**

Apostle Ananias of the Seventy (1st).

St Romanus the Melodist (556).

St John Kukuzelis the Hymnographer of Mt Athos (12th).

Commemoration of the Apparition of the Pillar with the Robe of the Lord under it at Mtskhet in Georgia.

Matins Gospel Luke 1: 39-49, 56

Vespers Genesis 28:10-17 Ezekiel 43:27-44:4 Proverbs 9:1-11

* Hebrews 9:1-7 * Luke 10:38-42; 11:27-28

2/15

Hieromartyr Cyprian, Virgin-Martyr Justina, and Martyr Theoctistus, of Nicomedia (304).

Blessed Andrew, Fool-for-Christ at Constantinople (936).

St Anna of Kashin (1338).

New Martyr Chatzi-George at Karacasu (1794).

3/16

***Hieromartyr Dionysius the Areopagite, Bishop of Athens,** and with him, Martyrs Rusticus the Presbyter and Eleutherius the Deacon (96).
St John the Chozebite, Bishop of Caesarea in Palestine (6th).

* Acts 17:16-34

* Matthew 13:44-54

4/17

Hieromartyr Hierotheus, Bishop of Athens (1st).

Uncovering of the relics of St Gurias, First Archbishop of Kazan, and St Barsanuphius, Bishop of Tver (1595).

Synaxis of the Hierarchs of Kazan (1976).

St Ammon (350) and St Paul the Simple of Egypt (4th).

5/18

Martyr Charitina of Amisus (304).

***Sts Peter, Alexis, Jonah, Philip, and Hermogen, Metropolitans of Moscow and All Russia.**

Hieromartyr Dionysius, Bishop of Alexandria (264-265).

St Gregory of Chandzoe in Georgia (861).

Vespers 1. Proverbs 10:7a,6a; 3:13-16; 8:6,32,34,4,12,17,5-9; 1:23; 15:4

2. Proverbs 10:31-32; 11:1-10 3. Wisdom 4:7-15

Matins Gospel John 10:9-16

* Hebrews 13:17-21

* Matthew 5:14-19

6/19

***Holy and Glorious Apostle Thomas (1st).**

* 1 Corinthians 4:9-16

* John 20:19-31

7/20

Martyrs Sergius and Bacchus in Syria (290-303).

Virgin-Martyr Pelagia of Tarsus (290).

St Osyth, Princess, of Crich (700).

St Dubtach, Bishop of Armagh (513).

- 8/21 St Pelagia the Penitent (457).
St Thais of Egypt (4th).
Virgin-Martyr Pelagia of Antioch (303).
St Philotheus, Patriarch of Constantinople (1379).
- 9/22 ***Holy Apostle James, the son of Alphaeus (1st).**
St Andronicus and his wife, St Athanasia, of Egypt (5th).
Righteous Abraham, and his nephew, Lot (2000 BC).
Martyrs Juventus and Maximus at Antioch (361-363).
St Publia the Confessor, Deaconess, at Antioch (4th).

* Philippians 3: 8-19 * Luke 7:31-35
- 10/23 Martyrs Eulampius and Eulampia, at Nicomedia (303-311).
***St Ambrose of Optina, Starets (1891).**
St Amphilochius, Bishop of Vladimir in Volhynia (1122).
Blessed Andrew of Totma, Fool-for-Christ (1673).
St Paulinus, Bishop of York (644).

Matins Gospel Matthew 11:27-30
* Hebrews 13:7-16 * Luke 6:17-23
- 11/24 ***Holy Apostle Philip of the Seventy, one of the Seven Deacons (1st).**
St Theophanes the Confessor and Hymnographer, Bishop of Nicaea (850).
St Ethelburga, Abbess of Barking (675).
St Canice (Cainnech, Kenneth), Abbot of Aghaboe (600).

* Acts 8:26-39 * Luke 10:1-21
- Sunday between 11/24 and 17/30 **Commemoration of the Fathers of the Seventh Ecumenical Council (787).**

Vespers 1. Genesis 14:14-20 2. Deuteronomy 1:8-11,15-17
3. Deuteronomy 10:14-21

Hebrews 13:7-16 * John 17:1-13
- 12/25 Martyrs Probus, Tarachus, and Andronicus, at Tarsus in Cilicia (304).
St Cosmas the Hymnographer, Bishop of Maiuma (787).
Commemoration of St. Symeon the New Theologian (1022)
St Martin the Merciful, Bishop of Tours (400).
St Edwin, King of Northumbria and Martyr (633).
- 13/26 Martyrs Carpus, Papyrus, Agathadorus, and Agathonica, at Pergamon (251).
St Nicetas the Confessor at Paphlagonia (838).
New Martyr Zlata (Chryse) (1795).
- 14/27 Martyrs Nazarius, Gervase, Protase, and Celsius, of Milan (54-68).
St Parasceva of Serbia (11th).
St Nicholas Sviatosha, Prince of Chernigov and Wonderworker of the Kiev Caves (1143).
- 15/28 St Euthymius the New of Salonica, Monk of Mt Athos (889).
Martyr Lucian, Presbyter of Antioch (312).
St John, Bishop of Suzdal (1373).
St Sabinus, Bishop of Catania (760).

- 25/7 Martyrs Marcian and Martyrius the Notaries, of Constantinople (355).
Martyr Anastasius the Fuller, at Salona in Dalmatia (3rd).
St Tabitha, the Widow raised from the dead by St Peter (1st).
- 26/8 ***Holy and Glorious Great Martyr Demetrius of Salonica (306).**
St Theophilus of the Kiev Caves, Bishop of Novgorod (1482).
St Eata, Bishop of Hexham and Abbot of Lindisfarne (686).
Commemoration of the Great Earthquake at Constantinople (740).

Vespers 1. Isaiah 63:15-19; 64:1-5,8-9 2. Jeremiah 2:2-12
3. Wisdom 3:1-9
Matins Gospel Matthew 10:16-22
* 2 Timothy 2:1-10 * John 15:17-16:2
- 27/9 Martyr Nestor of Salonica (306).
St Nestor the Chronicler of the Kiev Caves (1114).
St Otteran (Odran) of Iona, Bishop of Meath (563).
- 28/10 Great Martyr Parasceve of Iconium (3rd).
Martyrs Terence (249-50) and Neonilla and their children.
St Stephen of St Sava's Monastery, Hymnographer (9th).
Repose of St Arsenius, Archbishop of Serbia (1266).
Repose of St Job, Abbot and Wonderworker of Pochaev (1651).
St Demetrius, Metropolitan of Rostov (1709).
- 29/11 Martyr Anastasia the Roman (3rd).
St Abramius the Recluse, and his niece, St Mary, of Mesopotamia (360).
St Kennara, Hermit at Kirk Kinner, Galloway (5th).
- 30/12 Hieromartyr Zenobius and his sister Zenobia, of Aegea in Cilicia (285).
Apostles Tertius, Mark, Justus, Artemas and Cleopas of the Seventy (1st).
Hieromartyr Marcian, Bishop of Syracuse (2nd).
Martyr Eutropia of Alexandria (250).
Martyr Anastasia of Salonica (3rd).
- 31/13 Apostles Stachys, Amplias, Urban, Narcissus, Apelles, and Aristobulus of the Seventy (1st).
Martyr Epimachus of Alexandria (250).
St Spyridon and St Nicodemus the Prosphora-bakers, of the Kiev Caves (12th).
St Foillan, brother of St Furse of East Anglia (655).

NOVEMBER

- 1/14 ***Holy Wonderworkers and Unmercenaries Cosmas and Damian of Mesopotamia**, and their mother, St Theodota (3rd).
Hieromartyrs John the Bishop and James the Presbyter, of Persia (345).
Martyr Hermengild the Goth of Spain (586).
Martyrs Caesarius, Dacius and five with them at Damascus (7th).
New Martyr Iakovos, at Edirne (1520).

* 1 Corinthians 12:27-13:8 * Matthew 10:1,5-8
- 2/15 Martyrs Acindynus, Pegasius, Aphthonius, Elpidophorus, and Anempodistus, of Persia (341-345).
St Marcian of Cyprus (388).
- 3/16 Martyrs Acepsimas the Bishop, Joseph the Presbyter, and Aithalas the Deacon, of Persia (4th).
Dedication of the Church of the Great Martyr George in Lydda (4th).
Martyrs Atticus, Agapius and those with them at Sebaste (320).
St Winifred of Holywell (7th).
- 4/17 St Ioannicius the Great (846).
Hieromartyrs Nicander, Bishop of Myra, and Presbyter Hermas (1st).
- 5/18 Martyr Galacteon and his wife, Epistemis, at Emesa (3rd).
Repose of St Jonah, Archbishop of Novgorod (1470).
Apostles Patrobus, Hermes, Linus, Gaius, and Philologus of the Seventy (1st).
St Gregory, Archbishop of Alexandria (9th).
- 6/19 St Paul the Confessor, Archbishop of Constantinople (350).
St Barlaam, Abbot of Khutyn (Novgorod) (1192).
St Luke, Steward of the Kiev Caves (13th).
St Illtud, Abbot of Llanilltyd Fawr (6th).
- 7/20 Holy 33 Martyrs of Melitene (3rd).
St Lazarus of Mt Galesius (1053).
Martyr Theodotus of Ancyra (303).
St Willibrord, Bishop of Utrecht (739).
- 8/21 ***Synaxis of the Archangel Michael and the other Bodiless Powers:**
Archangels Gabriel, Raphael, Uriel, Salathiel, Jegudiel, Barachiel, and Jeremiel.
St Tysilio, Monk of Meifod (Powys) (7th).

Vespers 1. Joshua 5:13-15 2. Judges 6:7-24a 3. Isaiah 14:7-20

Matins Gospel Matthew 13:24-30,36-43

* Hebrews 2:2-10 * Luke 10:16-21
- 9/22 Martyrs Onesiphorus and Porphyrius of Ephesus (284-305).
St Matrona, Abbess, of Constantinople (492).
St Theoctiste of Lesbos (881).
St Onesiphorus the Confessor, of the Kiev Caves (1148)
St John the Short, of Egypt (5th).
St Nectarios Kephalas, Metropolitan of Pentapolis (1920).
- Saturday**

10/23 Apostles of the Seventy: Erastus, Olympas, Herodian, Sosipater, Quartus, and Tertius (1st).
Martyr Orestes of Cappadocia (304).
Martyr Constantine, Prince of Georgia (842).
St Aed MacBrice, Bishop in Meath (588).

11/24 Martyrs Menas of Egypt (304), Victor at Damascus (161-180), and Vincent of Spain (304).
Martyr Stephanida of Spain (2nd).
St Theodore the Confessor, Abbot of the Studion (826).
Repose of Blessed Maximus of Moscow (1434).
Repose of St Stephen of Decani (Serbia) (1336).

12/25 St John the Merciful, Patriarch of Alexandria (620).
St Nilus the Faster, of Sinai (5th).
Blessed John the Hairy, Fool-for-Christ, at Rostov (1580).
Prophet Ahijah [1 Kgs 11:29 ff] (960 BC).
St Cadwaladr, King of the Welsh (664).
St Machar, Bishop (Aberdeen) (6th).

13/26 ***St John Chrysostom, Archbishop of Constantinople (407).**
Martyrs Antoninus, Nicephorus and Germanus, of Caesarea in Palestine (308).
St Brice, Bishop of Tours (444).

Vespers 1. Proverbs 10:7a,6a; 3:13-16; 8:6,34-35,4,12,14,17,5-9; 1:23; 15:4
2. Proverbs 10:31-32; 11:4,7,19; 13:2,9; 8:17; 15:2; 14:33; 22:11;
Ecclesiastes 8:1; Wisdom 6:12-16; 7:30; 8:2-4,7-9,17-18,21; 9:1-5,10-11,14
3. Wisdom 4:10-12; 6:21; 7:15-17,22,26,29; 2:1,10-17,19-22

Matins Gospel John 10: 1-9

* Hebrews 7:26-8:2

* John 10:9-16

14/27 ***Holy Apostle Philip (1st).**
St Philip, Abbot of Irap near Novgorod (1527).
St Gregory Palamas, Archbishop of Thessalonica (1360).
St Dyfrig (Dubricius), Bishop in Wye Valley and Bardsey (6th).
St Malo (Machulus), Bishop in Brittany (7th).

Vespers 1. 1 Peter 1:1-2:6 2. 1 Peter 2:21-3:9 3. 1 Peter 4:1-11

Matins Gospel John 21:15-25

* 1 Corinthians 4:9-16

* John 1:43-51

Beginning of the Nativity Fast

15/28 Holy Martyrs and Confessors Gurias, Samonas, and Abibus, of Edessa (299-322).
***St Paisius Velichkovsky (1794).**
Martyrs Elpidius, Marcellus, and Eustochius, who suffered under Julian the Apostate (363).

Matins Gospel Matthew 11:27-30

* Hebrews 13:7-16

* Luke 6: 17-23

23/6

Afterfeast of the Entry into the Temple.

St Amphilochius, Bishop of Iconium (394).

St Gregory, Bishop of Agrigentum (6th-7th).

***Repose of St Alexander Nevsky (1263).**

St Metrophanes (in Schema Macarius), Bishop of Voronezh (1703).

St Deiniol the Younger (615).

Matins Gospel Matthew 11:27-30

* Galatians 5:22-6:2

* Luke 6: 17-23

24/7

Afterfeast of the Entry into the Temple.

***Great Martyr Catherine of Alexandria (305-313).**

Great Martyr Mercurius (3rd).

St Colman of Cloyne (604).

* Ephesians 6:10-17

* Luke 21:12-19

25/8

***Leavetaking of the Entry into the Temple.**

Hieromartyr Clement, Pope of Rome (101).

St Clement, Bishop of Ochrid (916).

Hieromartyr Peter, Archbishop of Alexandria (311).

* Hebrews 9:1-7

* Luke 10:38-42; 11:27-28

26/9

St Alypius the Stylite of Adrianopolis (640).

St Innocent, Bishop of Irkutsk (1731).

St James the Solitary of Syria (457).

The New Martyr George, at Chios (1807).

27/10

Great Martyr James the Persian (421).

St James, Bishop of Rostov (1392).

St Gregory of Sinai and Mt Athos (1346).

St Fergal (Virgil), Bishop of Salzburg (784).

28/11

Martyr Stephen the New of Mount St Auxentius (767).

Martyr Irenarchus and Seven Women Martyrs at Sebaste (303).

29/12

Martyr Paramon and 370 with him in Bithynia (250).

Martyr Philumenus of Ancyra, and Martyrs Valerian and Phaedrus with him (274).

St Acacius of Sinai (who is mentioned in 'The Ladder') (6th).

St Brendan of Birr (573).

30/13

***Holy Apostle Andrew the First-called (62).**

St Frumentius, Archbishop of Ethiopia (380).

St Tudwal, Bishop in Wales and Brittany (6th).

Vespers 1. 1 Peter 1:1-2:6 2. 1 Peter 2:21-3:9 3. 1 Peter 4:1-11

Matins Gospel Matthew 4:18-23

Galatians 3: 8-12

Luke 9: 57-62

* 1 Corinthians 4:9-16

* John 1:35-51

21/3

Forefeast of the Nativity of Christ.

Virgin Martyr Juliana of Nicomedia, and with her 500 men and 130 women (304).

***Repose of St Peter, Metropolitan of Moscow and All Russia (1326).**

St Juliana, Princess of Vyazma (1406).

Blessed Procopius of Vyatka, Fool-for-Christ (1627).

* Hebrews 7:26-8:2

* Luke 6:17-23

22/4

Forefeast of the Nativity of Christ.

Great Martyr Anastasia, 'Deliverer From Bonds', and her teacher, Martyr Chrysogonus; with them, Martyrs Theodota, Evodias, Eutychanus (304)

23/5

Forefeast of the Nativity of Christ.

Holy Ten Martyrs of Crete: Theodulus, Saturninus, Euporus, Gelasius, Eunician, Zoticus, Pompeius, Agathopus, Basilides, and Evaristus (3rd).
Repose of St Theoctistus, Archbishop of Novgorod (1310).

St Niphon, Bishop of Cyprus (4th).

Dedication of the Church of the Holy Wisdom, Constantinople.

24/6

Eve of the Nativity of Christ.

Virgin-Martyr Eugenia of Rome, and with her Martyrs Philip, her father, Protus, Hyacinth, Basilla, and Claudia (262).

Vespers of the Eve of the Nativity of Christ

1 Genesis 14: 14-20 2. Deut. 1: 8-11, 15-17 3. Deut. 10: 14-21

Royal Hours :

First Hour Micah 5:2-4

Hebrews 1:1-12

Matthew 1:18-25

Third Hour Baruch 3:35-4:4

Galatians 3:23-29

Luke 2:1-20

Sixth Hour (Isaiah 7:10-16;
(8: 1-4, 9-10

Hebrews 1:10-2:3

Matthew 2:1-12

Ninth Hour Isaiah 9:6-7

Hebrews 2:11-18

Matthew 2:13-23

Vespers of the Feast of the Nativity of Christ

1. Genesis 1:1-13

2. Numbers 24:2-3,5-9,17-18

3. Micah 4:6,7; 5:2-4

4. Isaiah 11:1-10

5. Baruch 3:35-4:4

6. Daniel 2:31-36,44-45

7. Isaiah 9:6,7

8. Isaiah 7:10-16; 8:1-4,9-10

Liturgy of St Basil

Hebrews 1:1-12

Luke 2:1-20

25/7

fast-free

**THE NATIVITY ACCORDING TO THE FLESH OF
OUR LORD GOD AND SAVIOUR JESUS CHRIST.**

The Adoration of the Magi: Melchior, Caspar, and Balthasar.
Commemoration of the Shepherds in Bethlehem who were watching their flocks and came to see the Lord.

Matins Gospel

Matthew 1:18-25

Liturgy of St John Chrysostom

Galatians 4:4-7

Matthew 2:1-12

JANUARY

1/14
fast-free

†THE CIRCUMCISION OF OUR LORD AND SAVIOUR JESUS CHRIST.

*St Basil the Great, Archbishop of Caesarea in Cappadocia (379)
Martyr Basil of Ancyra (362).
St. Maelrhys of Bardsey (6th)

Vespers 1. Gen 17: 1-7, 9-12, 14 2. Proverbs 8: 22-30
3. Proverbs 10: 31- 11:12

Matins Gospel John 10: 9-16

Liturgy of St. Basil

† Colossians 2: 8-12 † Luke 2: 20-21, 40-52
* Hebrews 7:26 -8:2 * Luke 6: 17-23

2/15
fast-free

Forefeast of the Theophany.

St. Sylvester, Pope of Rome (335).
***Repose (1833) and Second Uncovering of the Relics (1991) of St. Seraphim, Wonderworker of Sarov.**
Righteous Juliana of Lazarevsk (Murom) (1604).

Vespers 1. Wisdom 3: 1-9 2. Wisdom 5: 15-6.3 3. Wisdom 4: 7-15

Matins Gospel Matthew 11: 27-30

* Galatians 5:22-6.2 *Luke 6: 17-23

3/16
fast-free

Forefeast of the Theophany.

Prophet Malachi (400BC).
Martyr Gordius of Caesarea in Cappadocia (4th).
St Geneviève of Paris (5th)

4/17
fast-free

Forefeast of the Theophany.

***Synaxis of the Seventy Apostles.**
St Theoctistus, Abbot of Cuocomo in Sicily (800)
St Eustathius I, Archbishop of Serbia (1285)

*Romans 8: 2-13

*Luke 10: 1-15

5/18
*fast
wine and oil*

Eve of the Theophany.

Hieromartyr Theopemptus, Bishop of Nicomedia, and Martyr Theonas (303).
St Synclectica of Alexandria (350).
Prophet Micah (9th BC)

Royal Hours:

First Hour	Isaiah 35:1-10	Acts 13:25-33	Matthew 3:1-11
Third Hour	Isaiah 1:16-20	Acts 19:1-8	Mark 1:1-8
Sixth Hour	Isaiah 12:3-6	Romans 6:3-11	Mark 1:9-15

Ninth Hour Isaiah 49:8-15 Titus 2:11-14; 3:4-7 Matthew 3:13-17

Vespers

1. Genesis 1:1-13	2. Exodus 14:15-18,21-23,27-29
3. Exodus 15:22-16: 1	4. Joshua 3:7-8,15-17
5. 4(2) Kings 2:6-14	6. 4(2) Kings 5:9-14
7. Isaiah 1:16-20	8. Genesis 32:1-10
9. Exodus 2:5-10	10. Judges 6:36-40
11. 3(1) Kings 18:30-39	12. 4(2) Kings 2:19-22
13. Isaiah 49:8-15	

Liturgy of St Basil

1 Corinthians 9:19-27

Luke 3:1-18

Great Blessing of the Waters

Isaiah 35:1-10

Isaiah 55:1-13

Isaiah 12:3-6

1 Corinthians 10:1-4

Mark 1:9-11

6/19
fast-free

**THE HOLY THEOPHANY OF OUR LORD AND SAVIOUR
JESUS CHRIST**

Matins Gospel Mark 1:9-11

Liturgy of St. John Chrysostom

Titus 2:11-14; 3:4-7

Matthew 3:13-17

Second Blessing of the Waters

The Old Testament Readings, Epistle and Gospel are the same as on the Eve of the Feast.

7/20

Afterfeast of the Theophany.

*Synaxis of the Holy Glorious Prophet, Forerunner and Baptist, John.

St Cedd of Lastingham, Bishop of the East Saxons (664).

St Brannoc (Barnoc) of Braunton, Devon (6th)

*Acts 19:1-8

*John 1:29-34

8/21

Afterfeast of the Theophany.

St George the Chozebite, Abbot (7th).

St Emilian the Confessor, Bishop of Cyzicus (9th).

Martyr Abo of Tifilis (786)

9/22

Afterfeast of the Theophany.

***St Philip, Metropolitan of Moscow and All Russia (1569).**

Martyr Polyeuctus of Melitene in Armenia (259).

St Peter, Bishop of Sebaste in Armenia (4th).

St Eustratius the Wonderworker (9th).

St Adrian of Canterbury, Abbot and Scholar (710).

Matins Gospel Luke 6: 17-23a

* Hebrews 13: 17-21

* John 10: 9-16

10/23

Afterfeast of the Theophany.

St Gregory, Bishop of Nyssa (394).

***St Theophan the Recluse (1894).**

Blessed Theosevia, Deaconess, sister of St Gregory of Nyssa (385).

St Paul, Abbot of Obnora (Vologda) (1429).

Matins Gospel John 10:1-9
* Hebrews 7:26-8:2 * John 10:9-16

11/24 **Afterfeast of the Theophany.**
***St Theodosius the Great, the Cenobiarch (529).**
St Theodosius of Antioch (412).
St Michael of Klops Monastery, Fool-for-Christ (Novgorod) (1453-1456).

Matins Gospel Luke 6:17-23
* 2 Corinthians 4:6-15 * Matthew 11:27-30

12/25 **Afterfeast of the Theophany.**
Martyr Tatiana of Rome and those with her (226-235).
***St Sava, Archbishop of Serbia (1237).**
St Eupraxia of Tabennesi (Egypt) (393).
St Benedict Biscop, First Abbot of Wearmouth, Scholar (689-690).

* Hebrews 7:26-8:2 * John 10:9-16

13/26 **Afterfeast of the Theophany.**
Martyrs Hermylus and Stratonicus of Belgrade (315).
St James, Bishop of Nisibis (350).
St Irinarch of Rostov (1616).
St Eleazar of Anzersk (1656).

14/27 **Leavetaking of the Theophany.**
***St Nina, Equal-to-the-Apostles and Enlightener of Georgia (355).**
St Stephen Mandraeli (8th).
The Holy Fathers slain at Sinai and Raithu: Isaiah, Sabbas, Moses and his
disciple Moses, and others (4th-5th)
St Kentigern (Mungo), Bishop (Strathclyde and Cumbria) (612).

* 1 Corinthians 4:9-16 * Matthew 25:1-13

15/28 St Paul of Thebes (341) and St John the Hut-dweller (5th), Monks.
St Ita of Killeedy (Limerick), Nun (570).

16/29 ***Veneration of the Precious Chains of the Holy All-glorious Apostle
Peter.**
Blessed Maximus the Priest, of Totma (Vologda), Fool-for-Christ (1650).
St Fursey, Abbot of Burgh Castle (East Anglia) (650).

* Acts 12:1-11 * John 21:15-25

17/30 ***St Anthony the Great (356).**
St Anthony of Dymsk (Novgorod) (1224).
St George, the New Martyr, of Ioannina (1838).

Vespers 1. Wisdom 3:1-9 2. Wisdom 5:15-6:9 3. Wisdom 4:7-15
Matins Gospel Matthew 11:27-30
* Hebrews 13:17-21 * Luke 6:17-23

- 18/31 **St Athanasius (373) and St Cyril (444), Archbishops of Alexandria.**
***St Cyril and St Maria, parents of St Sergius of Radonezh (1337).**
- Matins Gospel** Matthew 11:27-30
 * Galatians 5:22-6:2 * Luke 6:17-23
- 19/1 Feb St Macarius the Great of Egypt (390-391).
 St Macarius of Alexandria (394-395).
 Blessed Theodore of Novgorod, Fool-for-Christ (1392).
 St Mark, Archbishop of Ephesus (1457).
St Branwalader (Breward) of Cornwall, the Channel Islands and Brittany (6th).
- 20/2 ***St Euthymius the Great (473).**
- Vespers** 1. Wisdom 3:1-9 2. Wisdom 5:15-6:3 3. Wisdom 4:7-15
Matins Gospel Matthew 11:27-30
 * Hebrews 13:17-21 * Luke 6:17-23
- 21/3 Martyrs Eugene, Candidus, Valerian, and Aquila, at Trebizond (3rd).
***St Maximus the Confessor (662).**
 St Maxim the Greek (1556).
 Virgin-Martyr Agnes at Rome (304).
 Martyr Anastasius, disciple of St Maximus the Confessor (662).
- * Hebrews 11: 33-40 * Luke 12: 8-12
- 22/4 **Apostle Timothy of the Seventy (96).**
 Monk-Martyr Anastasius the Persian (628).
- 23/5 Hieromartyr Clement, Bishop of Ancyra, and Martyr Agathangelus (312).
 St Paulinus, Bishop of Nola (431).
 Commemoration of the Holy Fathers of the Sixth Ecumenical Council (680-681).
- 24/6 St Xenia of Rome (5th).
***St Xenia of Petersburg, Fool-for-Christ (19th).**
 Martyrs Babylas of Sicily, and his two disciples, Timothy and Agapius (3rd).
 Martyr John of Kazan (1529).
- Matins Gospel** Matthew 11:27-30
 * Galatians 5:22-6:2 Luke 6:17-23
- 25/7 ***St Gregory the Theologian, Archbishop of Constantinople (389).**
****Hieromartyr Vladimir, Metropolitan of Kiev (1918).**
 St Moses, Archbishop of Novgorod (1362). St Eochod of Galloway (597).
- Vespers**

1. Proverbs 10:7a,6a; 3:13-16; 8:6,32,34,4,12,17,5-9; 1:23; 15:4
2. Proverbs 10:31-32; 11:4,7,19; 13:2,9; 8:17; 15:2; 14:33; 22:11; Ecclesiastes 8:1; Wisdom 6:12-16; 7:30; 8:2-4,7-9,17-18,21; 9:1-5,10-11,14
3. Wisdom 4:7-15

Matins Gospel John 10:1-9

- * 1 Corinthians 12:7-11 * John 10:9-16
 ** Hebrews 13:7-16 ** Luke 12:32-40

26/8 St Joseph, Bishop of Salonica (830).
 Blessed David III, King of Georgia (1125).
 St Conan, Bishop of Sodor and Man (648).
 Translation of the relics of St Theodore, Abbot of the Studion (845).

27/9 ***Translation of the Relics of St John Chrysostom, Archbishop of Constantinople (438).**
The Holy Hieromartyr Dimitri (Klépinine) (1944), and the Reader Georges (Skobstov) (1944), and Élie (Fondaminsky) (1942), Martyrs.

- Vespers** 1. Proverbs 10:7a,6a; 3:13-16; 8:6,32,34,4,12,17,5-9; 1:23; 15:4
 2. Proverbs 10:11; Wisdom 6:12-16; 7:30; 8:2-4,7-9,21; 9:1-4,10,11,14
 3. Wisdom 4:7-15

Matins Gospel John 10:1-9

- * Hebrews 7:26-8:2 * John 10:9-16

28/10 St Ephraim the Syrian (373).
 St Isaac the Syrian, Bishop of Nineveh (7th).
 St Palladius the Hermit of Antioch (4th).
 St Theodosius, Abbot of Totma (Vologda) (1568).

29/11 **Translation of the relics of Hieromartyr Ignatius the Godbearer (107).**
 St Aphrahat, monk (Persia) (4th).
St Gildas the Wise, Abbot (Llanilltud and Brittany) (570).

30/12 ***Synaxis of the Great Hierarchs: Basil the Great, Gregory the Theologian, and John Chrysostom.**
 Hieromartyr Hippolytus, Pope of Rome (3rd). St Zeno, Hermit at Antioch (5th). Martyr Theophilus the New (Cyprus) (784). Blessed Peter, King of Bulgaria (967). New Martyr Chatzi-Theodore (Mytilene) (1784).

- Vespers** 1. Deuteronomy 1:8-11,15-17 2. Deuteronomy 10:14-21
 3. Wisdom 3:1-9

Matins Gospel John 10: 9-16

- * Hebrews 13:7-16 * Matthew 5:14-19

31/13 Holy Wonderworkers and Unmercenaries Cyrus and John (311). St Aidan

(Maedoc) of Ferns, Bishop (626). **St Nicetas of the Kiev Caves, Bishop of Novgorod (1108)**. Holy New Martyr Elias Ardiunes at Kalamata (1686).

The Fourth
Sunday of
January

*** Synaxis of the Newly-Canonised Martyrs and Confessors of Russia, those whose names have been revealed and those known to God alone, among them:**

Patriarch Tikhon of All Russia (1925), Metropolitan Peter of Krutitsk (1937), Metropolitan Vladimir of Kiev (1918), Metropolitan Benjamin of Petrograd and with him, Archimandrite Sergii, and Georgii and Ioann (1922), Metropolitan Seraphim (1937), Archbishop Faddei (1937), Archpriest Ioann (1917) and Protopresbyter Alexander (1937), Grand Princess Elizabeth and Nun Barbara (1918).

* Romans 8: 28-39

* Luke 21: 12-19

FEBRUARY

- 1/14 **Forefeast of the Meeting.**
Martyr Tryphon of Campsada near Apamea in Syria (250).
Martyrs Perpetua of Carthage, and Catechumens Saturus, Revocatus,
Saturninus, Secundulus and Felicitas (202-203).
St Bridget, Abbess of Kildare (525).
St Seiriol, Abbot of Penmon and Ynys Seiriol (Puffin Island) (6th).
- 2/15 **THE MEETING OF OUR LORD AND SAVIOUR JESUS CHRIST IN
THE TEMPLE.**
New Martyr Iordanes at Galata (1650).
Vespers 1. Exodus 12:51; 13:1-3,10-12,14-16; 22:29;
Leviticus 12:1-4,6,8; Numbers 8:16-17
2. Isaiah 6:1-12 3. Isaiah 19:1,3-5,12,16,19-21
Matins Gospel Luke 2:25-32
Hebrews 7:7-17 Luke 2:22-40
- if Wednesday or
Friday, fish wine
and oil permitted
- 3/16 **Afterfeast of the Meeting.**
Holy and Righteous Simeon, and Anna the Prophetess.
St Nicholas, Archbishop of Japan (1912).
St Simeon, First Bishop of Tver (1289).
Blessed Romanus, Prince of Uglich (1285).
Prophet Azariah (10th BC).
St Lawrence of Canterbury, Bishop (619).
St Werburga, Abbess of Hanbury (700).
Martyr Ia (Ives) of St Ives and Armorica (540).
New Martyrs Nikolaos, Anezo and Stamatios and those with them at
Cesme (1822).
- 4/17 **Afterfeast of the Meeting.**
St Isidore of Pelusium (436-440).
St Nicholas the Confessor, Abbot of the Studion (868).
Hieromartyr Aldate (577).
- 5/18 **Afterfeast of the Meeting.**
Holy Martyr Agatha of Palermo (251).
St Theodosius, Archbishop of Chernigov (1696).
- 6/19 **Afterfeast of the Meeting.**
St Barsanuphius the Great and St John the Prophet, Monks (6th).
St Photius, Patriarch of Constantinople (891).
St Mel, associate of St Patrick, Bishop of Ardagh (488)
- 7/20 **Afterfeast of the Meeting.**
St Luke of Hellas (946).
The 1003 Martyrs of Nicomedia (303).

- 8/21 **Afterfeast of the Meeting.**
The Great Martyr Theodore Stratelates (319).
Prophet Zechariah (520 B.C.).
St Kew, Virgin, Cornwall (5th).
St Cuthman, hermit, (Steving, Sussex) (9th).
St Sava II, Archbishop of Serbia (1268-1269).
- 9/22 **Leavetaking of the Meeting.**
Uncovering of the relics of St Innocent, Bishop of Irkutsk (1805).
Martyr Nicephorus of Antioch (257).
St Pancratius, Bishop of Taormina (1st).
St Teilo, Bishop (Llandeilo Fawr) (6th).
- 10/23 Hieromartyr Charalampus, Bishop of Magnesia (202).
Blessed Princess Anna of Novgorod (1056).
St Prochorus of the Kiev Caves (1107).
- 11/24 Hieromartyr Blaise, Bishop of Sebaste (316).
Righteous Theodora, wife of Emperor Theophilus the Iconoclast (867).
St Demetrius, Wonderworker of Priluk (Vologda) (1392).
St Caedmon, Monk of Whitby (680).
- 12/25 St Procopius the Confessor of Decapolis (750).
St Titus, Presbyter of the Kiev Caves (1190).
***The Repose of St. Alexis, Metropolitan of Moscow (1378)**
 * Hebrews 13: 17-21 * Luke 6: 17-23
- 13/26 St Martinian of Caesarea in Palestine (5th).
The Holy Woman Zoe and the Virgin Photinia (5th).
St Stephen (Simeon), Prince of Serbia (1200).
- 14/27 **Repose of St Cyril, Equal-to-the Apostles and Teacher of the Slavs (869).**
St Maron, Hermit of Syria (4th).
St Abraham, Bishop in Mesopotamia (5th).
St Isaac, Recluse, of the Kiev Caves (1090).
- 15/28 Onesimus, Apostle of the Seventy (109).
St Paphnutius and his daughter St Euphrosyne, Nun, of Alexandria (5th).
- 16/29 Martyrs Pamphilius, Presbyter, and Valens, Deacon, at Caesarea (307-9).
Martyr Marutha, Bishop in Mesopotamia (422).
- 17/1 March **Hieromartyr Hermogen, Patriarch of Moscow and All Russia (1612).**
St Mariamne, sister of the Apostle Philip (1st).
Uncovering of the relics of Martyr Menas at Alexandria (867-889).
St Finan, Abbot of Lindisfarne (661).
St Fintan, Abbot of Clonenagh (603).
- 18/2 St Leo the Great, Pope of Rome (461).
St Flavian the Confessor, Patriarch of Constantinople (449-450).
St Colman, Bishop of Lindisfarne (664).
St Cosmas, Monk of Yahkhromsk (1492).

- 19/3 Apostles Archippus and Philemon of the Seventy (1st).
 Sts Eugene and Macarius, Presbyters, Confessors at Antioch (363).
 St Dositheus, disciple of Abba Dorotheus (7th).
 New Martyr Philothei at Athens (1589).
- 20/4 St Leo, Bishop of Catania (780).
 Hieromartyr Sadoc, Bishop of Persia, and those with him (342-344).
 St Agatho, Pope of Rome (682).
- 21/5 St Eustathius, Archbishop of Antioch (337).
 St George, Bishop of Amastris (802-811).
 St Timothy of Symbola (795).
- 22/6 Uncovering of the relics of the Holy Martyrs at the Gate of St Eugenius,
 Constantinople (395-423).
 Martyrs Maurice, his son Photinus, Theodore, Philip, and 70 soldiers at
 Apamea, Syria (305).
 St Athanasius the Confessor, of Constantinople (821).
- 23/7 Hieromartyr Polycarp, Bishop of Smyrna (167).
 St Polycarp of Briansk (1620-1621), and St Alexander, Founder of the
 Monastery of the Unsleeping Ones (430)
- 24/8 ***First (4th) and Second (452) Finding of the Honourable Head of the
 Holy Glorious Prophet, Forerunner and Baptist John**
St Ethelbert of Kent (616).
St Cumine, Abbot of Iona (669).
- * 2 Corinthians 4:6-15 * Luk4 17: 17-30
- 25/9 St Tarasius, Patriarch of Constantinople (806).
 St Walburga, Abbess of Heidenheim (779).
- 26/10 Martyr Sebastian (66).
 St Porphyrius, Bishop of Gaza (420).
- 27/11 St Procopius the Confessor of Decapolis (750).
 St Titus, Presbyter of the Kiev Caves (1190).
- 28/12 St Basil the Confessor (750).
 Blessed Nicholas of Pskov, Fool-for-Christ (1576).
 St Romanus, Abbot (463).
St Oswald, Bishop of Worcester (992).
- 29/13 St John Cassian the Roman (435).

MARCH

- 1/14 Martyr Eudoxia of Heliopolis (160-170).
St David of Wales (601).
- 2/15 Hieromartyr Theodotus, Bishop of Cyrenia (326).
St Arsenius, Bishop of Tver (1409).
Virgin-Martyr Euthalia of Sicily (257).
St Chad, Bishop of Lichfield (672).
- 3/16 Martyr Eutropius of Amasea (308).
St Calupanus, Recluse in Auverge (576).
St Non, mother of St David of Wales.
- 4/17 St Gerasimos of the Jordan (475).
Blessed Prince Basil of Rostov (1238).
Blessed Prince Daniel of Moscow (1303).
St Gregory, Bishop of Constantia in Cyprus.
- 5/18 Martyr Conon of Isauria (1st).
Martyr Conon the Gardener, of Pamphylia (3rd).
St Mark the Faster of Egypt (5th).
St Ciaran of Saighir (Ossory) (5th-6th).
- 6/19 The 42 Martyrs of Amorium (845).
Discovery of the Precious Cross and Nails by the Empress St Helena in Jerusalem (326).
- 7/20 The Holy Hieromartyrs of Cherson (4th).
St Paul the Simple, disciple of St Anthony the Great (4th).
- 8/21 St Theophylact, Bishop of Nicomedia (842).
St Felix of Burgundy, Bishop of Dunwich and Enlightener of the East Angles (648).
St Senan, Abbot of Scatterry (544).
- 9/22 *wine and oil permitted other than in first week of Lent*
***The Holy Forty Martyrs of Sebaste (320).**
St Caesarius, brother of St Gregory the Theologian (369).
St Bosa, Bishop of York (705).
Vespers: 1. Isaiah 43: 9-14 2. Wisdom 3: 1-9 3. Wisdom 5: 15-24, 6: 1-3
Matins Gospel Luke 21:12-19
* Hebrews 12:1-10 * Matthew 20:1-16
- 10/23 Martyr Quadratus and those with him at Corinth (c.250)
- 11/24 St Sophronius, Patriarch of Jerusalem (644).
Hieromartyr Pionius and those with him at Smyrna (250).
- 12/25 **St Gregory the Dialogist, Pope of Rome (604).**
St Symeon the New Theologian (1022).
St Theophanes the Confessor, of Sigriane (818).
St Paulinus (Paul Aurelian), Bishop (6th).
St Alphege, Bishop of Winchester (951).

- 13/26 Translation of the relics of St Nicephorus, Patriarch of Constantinople (846).
Martyrs Africanus, Publius, and Terence, of Carthage (3rd).
Martyr Alexander of Macedonia (305-311).
- 14/27 **St Benedict of Nursia (543).**
St Theognostus, Metropolitan of Kiev and Moscow (1353).
Blessed Rostislav (Michael), Prince of Kiev (1167).
- 15/28 Martyr Agapius and those with him at Caesarea (303).
- 16/29 Martyr Sabinus of Egypt (287).
Hieromartyr Alexander, Pope of Rome (119).
St Christodoulos of Patmos (1093).
- 17/30 St Alexius the Man of God (411).
St Patrick, Bishop of Armagh, Apostle to the Irish (461).
St Withburga, Solitary at Holkham and East Dereham (743).
- 18/31 St Cyril, Archbishop of Jerusalem (386).
St Edward the Martyr, King of England (979).
The New Martyr the nun Maria (Skobtsova) (1945)
- 19/1 April Martyrs Chrysanthus and Daria, and those with them at Rome (283).
St Innocent of Komel, disciple of St Nilus of Sora (Vologda) (1521).
- 20/2 Martyr Photini (Svetlana), and her sons (66).
The Holy Fathers slain at St Sava's Monastery: St John, St Sergius and others (796).
St Cuthbert of Lindisfarne (687).
St Herbert, Hermit of Derwentwater (687).
- 21/3 St James the Confessor, Bishop of Catania (8th).
St Lupicinus, Abbot (480).
St Enda of Inishmore (530).
- 22/4 Hieromartyr Basil of Ancyra (362-363).
St Isaac, Founder of the Dalmatian Monastery at Constantinople (4th).
St Failbhe, Abbot of Iona (7th).
- 23/5 Martyr Nikon and those with him in Sicily (251).
St Nikon, Abbot of the Kiev Caves (1088).
New Martyr Luke at Mytilene (1802)
- 24/6 **Forefeast of the Annunciation.**
St Zachariah the Recluse (13th-14th). Hieromartyr Parthenios III, Patriarch, at Constantinople (1657).
St Marcartan (Aedh MacCairthinn) Bishop of Clogher (5th).

25/7
wine and oil
permitted, and fish
also if not a
Wednesday or
Friday;
if in Bright Week,
then fast-free

**THE ANNUNCIATION TO OUR MOST HOLY LADY,
THE MOTHER OF GOD AND EVER-VIRGIN MARY.**

St Tikhon, Patriarch of Moscow and All Russia (1925).

Vespers: 1 Genesis 28: 10-17 2 Ezekiel 43: 27-44: 4

3 Proverbs 9: 1-11 (two additional readings if Feast falls on a Saturday or Sunday or during Bright Week 4. Exodus 3: 1-8 5. Proverbs 8: 22-30)

Matins Gospel: Luke 1:39-49,56

Liturgy of St John Chrysostom : Hebrews 2:11-18 Luke 1:24-38

26/8

Leavetaking of the Annunciation.

Synaxis of the Archangel Gabriel.

Hieromartyr Irenaeus, Bishop of Sirmium (304).

St Basil the New, Anchorite, near Constantinople (944).

27/9

Martyr Matrona of Salonica (3rd-4th).

Martyrs Manuel and Theodosius (304).

St John the Anchorite, of Egypt (395).

28/10

St Theophylact, Bishop of Nicomedia (842).

St Felix of Burgundy,

St Hilarion the New, Abbot of Pelecete (754).

St Stephen, Abbot of Tryglia (815).

29/11

Hieromartyr Mark, Bishop of Arethusa, and others (364).

St Gladys (Gwladys) (6th).

30/12

The Prophet Joad (10th BC).

Apostles Sosthenes, Apollos, Cephas, Caesar and Epaphroditus, of the Seventy (1st).

St John of the Ladder, Sinai (7th).

St Sophronius, Bishop of Irkutsk (1771).

St Osburga, Abbess of Coventry (1018).

31/13

Repose of St Jonah, Metropolitan of Moscow and All Russia (1461).

St Innocent, Metropolitan of Moscow (1879).

APRIL

- 1/14 St Mary of Egypt (522).
St Euthymius, Monk, of Suzdal (1404).
- 2/15 St Titus the Wonderworker (9th).
- 3/16 Holy Virgin-Martyr Theodosia of Tyre (307-308).
St Nicetas the Confessor, Abbot of Medikion (824).
- 4/17 St Zosimas, of Palestine (560).
St Joseph the Hymnographer (883).
St George, Monk of Mt Maleon (9th).
St Joseph the Much-Ailing, of the Kiev Caves (14th).
- 5/18 **Translation of the relics of St Job, Patriarch of Moscow and All Russia (1652).**
Martyrs Agathopodes the Deacon, Theodulus the Reader and those with them (303).
St Theodora of Salonica (892).
St Plato, Abbot of the Studion (814).
St Mark the Anchorite (400).
St Ethelburga, Princess of Kent, Abbess of Lyminge (647).
- 6/19 St Eutychius, Patriarch of Constantinople (582).
St Methodius, Equal-to-the-Apostles, Archbishop of Moravia and Teacher of the Slavs (885).
St Elstan (Elfstan), Bishop of Ramsbury.
- 7/20 St. George, Bishop of Mytilene (820).
St. Daniel, Abbot of Pereyaslavl-Zalesski (1540).
St. Brynach, hermit, of Pembroke (5th)
- 8/21 Holy Apostles of the Seventy: Herodion, Agabus, Asyncritus, Rufus, Phlegon, Hermes, and those with them.
St Niphon, Bishop of Novgorod (1156).
St Celestine, Pope of Rome (432).
- 9/22 Martyr Eupsychius of Caesarea in Cappadocia (362).
Martyrs Desan, Bishop, and others in Persia (362-364).
Monk-Martyr Bademus (Vadim) of Persia (376).
St Nathy, Founder-Abbot of Achonny (Sligo) (610).
- 10/23 Martyrs Terence, Pompeius, and others, beheaded at Carthage (249-251).
Monk-Martyrs Becca and Hethor at Chertsey (870).
Hieromartyr Gregory V, Patriarch of Constantinople (1821).
- 11/24 Hieromartyr Antipas, Bishop of Pergamon (92).
St James, Abbot of Zheleznoborov (1442) and his fellow ascetic St James.
St Guthlac, Hermit of Crowland (714).
- 12/25 St Basil the Confessor, Bishop of Parium (754).
Hieromartyr Zeno, Bishop of Verona (260).

- 13/26 Martyr Artemon, Presbyter of Laodicea (303).
Martyr Crescens of Myra in Lycia.
Virgin-Martyr Thomais of Alexandria (476).
- 14/27 St Martin the Confessor, Pope of Rome (655).
Martyrs Anthony, John and Eustathius, at Vilnius (1347).
- 15/28 Aristarchus, Pudens and Trophimus, Apostles of the Seventy (67).
St Ruadhan, Hermit and Abbot (6th).
- 16/29 Virgin Martyrs Agape, Irene and Chionia, in Illyria (304).
- 17/30 Martyr Adrian of Corinth (251).
St Agapetus, Pope of Rome (536).
St Zosimas, Abbot of Solovki (1478).
Uncovering of the relics of St Alexander of Svir (1641).
Monk-Martyr Donnan of Eigg (616).
- 18/1 May St John, disciple of St Gregory of Decapolis (9th).
Martyr John the New of Epirus (1526).
St Laserian (Innismurray and Arran) (639).
- 19/2 St John of the Ancient Caves in Palestine (8th).
Blessed Matrona of Moscow (1952).
Martyrs Christopher, Theonas, and Antoninus, in Rome (303).
Hieromartyr Alphege, Archbishop of Canterbury (1012).
- 20/3 St Theodore Trichinas, Hermit, near Constantinople (4th-5th).
St Gregory (593) and St Anastasius the Sinaite (599), Patriarchs of Antioch.
St Alexander, Abbot of Oshevensk (1479).
St Caedwalla, King of the West Saxons (689).
- 21/4 Hieromartyr Januarius, Bishop of Benevento, and his companions (305).
St Beuno, Abbot of Clynnog Fawr (640).
- 22/5 Apostles Nathaniel, Luke, and Clement (1st).
St Theodore the Sykeote, Bishop of Anastasiopolis (613).
- 23/6 ***Holy Glorious Great Martyr, Victorybearer and Wonderworker George (303).**
Martyrs Anatolius and Protoleon, Soldiers (303).
Holy Martyr Queen Alexandra (303).
Vespers 1. Isaiah 43: 9-14 2. Wisdom 3: 1-9 3. Wisdom 4: 7-15
Matins Gospel Luke 12:2-12
* Acts 12:1-11 * John 15:17-16:2
- 24/7 Martyr Sabbas Stratelates (the General) of Rome, and the 70 soldiers with him (272).
St Thomas the Fool, of Syria (545-560).
St Mellitus, Abbot and First Bishop of London (624).
St Egbert of Lindisfarne (729).

- 10/23 ***Apostle Simeon Zelotes (1st).**
 St Isidora the Fool, of Tabennesi in Egypt (4th).
 St. Thais of Egypt (5th)
St Comgail, Abbot of Bangor (601).
St Conleth, Monk and Hermit (520).
- Matins Gospel** John 21:15-25
 * 1 Corinthians 4:9-16 * Matthew 13:54-58
- 11/24 ***Holy Equal-to-the-Apostles Cyril (869) and Methodius (885),
 First Teachers of the Slavs.**
 Commemoration of the Founding of Constantinople (325).
 St Sophronius, recluse of the Kiev Caves (13th).
 St Joseph, Metropolitan of Astrakhan (1672).
 St Nikodemus, Archbishop of Serbia (1325).
- * Hebrews 7:26-8:2 * Matthew 5:14-19
- 12/25 St Epiphanius, Bishop, of Cyprus (403).
 St Germanus, Patriarch of Constantinople (740).
***Glorification (1913) of Hieromartyr Hermogen, Patriarch of Moscow
 and All Russia (1612).**
 St Dionysius, Archimandrite of St Sergius' Monastery (1633).
- * Hebrews 13:7-16 * Luke 12:32-40
- 13/26 Virgin Martyr Glyceria at Heraclea, and Laodicius, Keeper of the Prison
 (177).
 St Euthymius the New (1028), Founder of Iveron Monastery, and his
 fellow Georgian Saints of Mt Athos.
- 14/27 Martyr Isidore of Chios (251).
 St Nikita, Bishop of Novgorod and Recluse, of the Kiev Caves (1109).
 St Leontius, Patriarch of Jerusalem (1175).
 St Isidore, Fool-for-Christ, Wonderworker of Rostov (1474).
 St Carthage the Younger, Abbot of Rahan (639).
- 15/28 **St Pachomius the Great, Founder of Coenobitic Monasticism (348).**
 St Isaiah, Bishop and Wonderworker of Rostov (1090).
 The slain Crown Prince Dimitry of Uglich and Moscow (1591).
St Dymrna, Martyr of Antwerp and Gheel (7th).
- 16/29 St Theodore the Sanctified (368).
 Monk-Martyrs of the community of St Sava the Sanctified (614).
 St Ephraim, Abbot of Perekop (Novgorod) (1545).
St Brendan the Navigator, Abbot of Clonfert (575).
- 17/30 Apostle Andronicus and St Junia (1st).
 St Euphrosyne (Princess Eudoxia) of Moscow (1407).
 St Stephen, Patriarch of Constantinople (893).
- 18/31 **Commemoration of the Holy Fathers of the Seven Ecumenical
 Councils.**
 Martyr Theodotus of Ancyra, and those with him (303).

- 19/1 June Hieromartyr Patrick, Bishop of Prussa, and his companions (2nd-3rd).
Great Prince Dimitry Donskoi of Moscow (1389).
St Dunstan, Archbishop of Canterbury (988).
- 20/2 Martyr Thalelaeus at Aegae in Cilicia, and those with him (284).
***Uncovering of the relics of St Alexis, Metropolitan of Moscow and All Russia (1431).**
* Hebrews 13:17-21 * Luke 6:17-23
- 21/3 ***Holy Equal-to-the-Apostles Emperor Constantine and his mother Helena.**
St Hospicius, Hermit of Nice (6th).
Vespers 1. 3(1) Kings 8:22-23,27-30 **2.** Isaiah 61:10-62:5 **3.** Isaiah 60:1-16
Matins Gospel John 10: 9-16
* Acts 26:1-5,12-20 * John 10:1-9
- 22/4 Martyr Basiliscus, Bishop of Comana (308).
Commemoration of the Second Ecumenical Council (381).
St John-Vladimir, Ruler of Serbia (1015).
- 23/5 St Michael the Confessor, Bishop of Synnada (821).
Uncovering of the relics of St Leontius, Bishop and Wonderworker of Rostov (1164).
Synaxis of the Saints of Rostov-Yaroslavl.
St Euphrosyne, Princess and Abbess of Polotsk (1173).
- 24/6 St Simeon Stylites the Younger (596).
Martyr Meletius Stratelates and those with him in Galatia (138-161).
St Nikita Stylites, Wonderworker of Pereyaslavl-Zalesski (1186).
St Vincent of Lerins (5th).
- 25/7 ***Third Finding of the Honourable Head of the Holy Glorious Prophet, Forerunner and Baptist John (850).**
Hieromartyr Therapon, Bishop of Cyprus (4th).
St Aldhelm, Bishop of Sherborne (709).
Matins Gospel Luke 7:17-30
* 2 Corinthians 4:6-15 * Matthew 11:2-15
- 26/8 Apostles Carpus and Alphaeus of the Seventy (1st).
Great Martyr George the New at Sofia (Bulgaria) (1515).
St Augustine, First Archbishop of Canterbury (604).
- 27/9 Hieromartyr Therapon, Bishop of Sardis (3rd).
St John the Russian (1730).
St Melangell, Abbess, Powys (7th c.)
St Bede the Venerable (735)
- 28/10 St Nicetas, Bishop of Chalcedon (9th).
St Germanus, Bishop of Paris (576).

- 29/11 Virgin-Martyr Theodosia of Tyre (307-308).
Blessed John of Ustiug, Fool-for-Christ (1494).
St Luke of Simferopol, bishop and surgeon (1961)
- 30/12 St Isaac, Founder of the Dalmatian Monastery at Constantinople (383).
St Walstan of Bawburgh (1016).
- 31/13 Apostle Hermas of the Seventy (1st).
Martyr Hermias at Comana (2nd c)

- 14/27 Prophet Elisha (9th BC).
St Methodius, Patriarch of Constantinople (847).
- 15/28 Prophet Amos (8th BC).
Blessed Augustine, Bishop of Hippo (430).
***St Jonah, Metropolitan of Moscow (1461).**
Blessed Lazarus, Prince of Serbia (1389).

* Hebrews 7:26-8:2 * John 10: 9-16
- 16/29 St Tychon, Bishop of Amathus in Cyprus (5th).
St Tikhon of Medin (1492).
- 17/30 Martyrs Manuel, Sabel and Ismael of Persia (362).
St Nectan, Hermit of Hartland (6th).
- 18/1 July Martyrs Leontius, Hypatius and Theodulus (70-79).
- 19/2 ***Holy Apostle Jude, the brother of the Lord (80).**
****St Job, First Patriarch of Moscow (1607).**
Martyr Zosimas the Soldier at Antioch (2nd).
St Paisius the Great (5th).
St John the Solitary at Jerusalem (6th).

* Jude 1:1-10 * John 14:21-24
** Hebrews 7:26-8:2 ** John 10:9-16
- 20/3 Hieromartyr Methodius, Bishop of Patara (312).
Blessed Prince Gleb Andreevich (1175).
St Kallistos, Patriarch of Constantinople (1363).
St Nicholas Cabasilas (14th).
- 21/4 Martyr Julian of Tarsus in Cilicia (305).
Hieromartyr Terence, Bishop of Iconium (1st).
Martyrs Archil II (744) and Luarsab II (1622), Kings of Georgia.
Uncovering of the Relics of St Maxim the Greek (1996).
St Mewan, Abbot (Wales, Cornwall, Brittany) (6th).
- 22/5 Hieromartyr Eusebius, Bishop of Samosata (380).
St Alban, Protomartyr of Britain (3rd).
St Paulinus, Bishop of Nola (431).
- 23/6 Martyr Agrippina of Rome (253-260).
St Mark, Archbishop of Ephesus (1445).
Translation of the relics of St German, Archbishop of Kazan (1567).
St Etheldreda (Audrey), Queen, Foundress of Ely Abbey (679).
- 24/7 **THE NATIVITY OF THE HOLY GLORIOUS PROPHET,
FORERUNNER AND BAPTIST JOHN.**
fish, wine and oil permitted
St Anthony, Abbot of Dymysk (Novgorod) (1224).

Vespers 1. Genesis 17:15-17,19; 18:11-14; 21:1-8
2. Judges 13:2-8,13-14,17-18,21
3. Isaiah 40:1-3,9; 41:17-18; 45: 8; 48: 20-21; 54:1
Matins Gospel Luke 1:24-25,57-68,76,80
Romans 13:12-14:4 Luke 1:5-25,57-68,76,80

- 25/8 Virgin-Martyr Febronia of Nisibis (304).
Pious Prince Peter and Princess Febronia of Murom (1228)
- 26/9 St David of Salonica (540).
St John, Bishop of the Goths in the Crimea (8th).
St Dionysius, Archbishop of Suzdal (1385).
- 27/10 St Joanna the Myrrhbearer (1st).
St Sampson the Hospitable of Constantinople (530).
Uncovering of the Relics of St Ambrose of Optina (1998).
Blessed Martin of Turov (1146).
St Austol, Monk (6th).
- 28/11 **St Sergius and St German (Herman), Wonderworkers of Valaam (1353).**
Translation of the relics of the Holy and Wonderworking Unmercenaries
Cyrus and John (412).
- 29/12 **THE HOLY GLORIOUS AND ALL-PRAISED LEADERS OF THE
APOSTLES, PETER AND PAUL (c. 67)**
- Vespers** 1. 1 Peter 1:3-9 2. 1 Peter 1:13-19 3. 1 Peter 2:11-24
Matins Gospel John 21:15-25
2 Corinthians 11:21-12:9 Matthew 16:13-19
- 30/13 **Synaxis of the Holy, Glorious, and All-praised Twelve Apostles:
Peter, Andrew, James and John the sons of Zebedee, Philip,
Bartholomew, Thomas, Matthew, James the son of Alphaeus, Jude the
brother of James, Simon Zelotes, and Matthias.**
- 1 Corinthians 4:9-16 Mark 3:13-19

JULY

- 1/14 ***Holy and Wonderworking Unmercenaries Cosmas and Damian, at Rome (284).**
Martyrs Julius and Aaron at Caerleon (304).
St Servan, Apostle of the Orkneys (6th).
* 1 Corinthians 12: 27 – 13: 8 * Matthew 10 : 1, 5-8
- 2/15 ***The Placing of the Honourable Robe of the Most Holy Mother of God at Blachernae (458).**
St Photius, Metropolitan of Moscow (1431).
St Monegonde (Tours) (6th).

* Hebrews 9:1-7 * Luke 10:38-42; 11:27-28
- 3/16 Martyr Hyacinth of Caesarea in Cappadocia (108).
Blessed John of Moscow, Fool-for-Christ (1589).
***Translation of the relics of St Philip, Metropolitan of Moscow (1652).**
St Germanus, Bishop of the Isle of Man (475).

* Hebrews 13:17-21 * John 10:9-16
- 4/17 St Andrew, Archbishop of Crete (712).
***St Andrew Rublev, Iconographer (15th).**
**The Holy Passion-bearers Emperor Nicholas II, Empress Alexandra, Crown Prince Alexis, and Grand Princesses Olga, Tatiana, Maria and Anastasia (1918).
Burial of St Andrew, Prince of Bogoliubsk (1174).

Matins Gospel Matthew 11:27-30
* Hebrews 13:7-16 * Luke 6:17-23
** Romans 8: 29-39 ** John 15: 17- 16:2
- 5/18 St Athanasius, Founder of Coenobitic Monasticism on Mt Athos (1000).
*** Uncovering of the relics of St Sergius of Radonezh (1422).**
**** The Holy Martyrs Grand Princess Elizabeth and Nun Barbara (1918).**
St Morwenna, Patroness of Morwenstow (6th).

Matins Gospel Matthew 11:27-30
* Galatians 5:22-6:2 * Luke 6:17-23
** 2 Corinthians 6:1-10 ** Matthew 15:21-28
- 6/19 St Sisoës the Great (429).
Virgin-Martyr Lucy and Martyr Rixius and those with them at Rome (301).
Synaxis of the Saints of Radonezh.
St Sexburga (Sexbroga), Queen, Abbess of Ely (700).
St Monenna, Abbess, Foundress of Killeevy (518).
- 7/20 St Thomas of Mt Maleon (10th).
St Acacius of Sinai (6th).
St Kyriake of Bithynia (4th).
St Eudoxia (Euphrosyne), Grand Duchess of Moscow (1407).
St Hedda, Bishop of Winchester (705).
St Willibald, Bishop of Eichstadt (787).

- 15/28 ***Holy Equal-to-the-Apostles Great Prince Vladimir (in Holy Baptism Basil) (1015).**
 Martyrs Cyricus and his mother Julitta of Tarsus (305).
Translation of the relics of St Swithun, Bishop of Winchester (971).
- Vespers** 1. 3 (1) Kings 8:22-23,27-30 2. Isaiah 61:10-62:5
 3. Isaiah 60:1-16
- Matins Gospel** John 10:9-16
 * Galatians 1:11-19 * John 10:1-9
- 16/29 Hieromartyr Athenogenes and his disciples (311).
 Martyrs Paul and two sisters, Alevtina and Chionia (308).
Martyr Helier of Jersey and Coutances (6th).
- 17/30 Great Martyr Marina (Margaret) of Antioch in Pisidia (4th).
 St Irenarchus, Abbot of Solovki (1628).
St Kenelm, Prince and Martyr (821).
- 18/31 Martyr Emilian (363) and Martyr Hyacinth of Amastri (4th).
 St Pambo, Hermit (4th).
St Theneva of Glasgow (6th).
- 19/1 August *fish, wine and oil permitted* ***Uncovering of the relics of St Seraphim of Sarov (1903).**
 St Macrina, sister of St Basil the Great (380).
 Blessed Roman, Prince of Ryazan (1270).
 Blessed Stephen, King of Serbia (1427), and his mother, St Militza (1405).
- Vespers** 1. Wisdom 3:1-9 2. Wisdom 5:15-6:3 3. Wisdom 4:7-15
Matins Gospel Matthew 11:27-30
 * Galatians 5:22-6:2 * Matthew 4:25-5:12
- 20/2 *fish, wine and oil permitted* ***Holy Glorious Prophet Elijah (9th BC).**
****Synaxis of the newly-glorified (2004) Saints, the Archpriest Alexis (Medvedkov), the Hieromartyr Dimitri (Klépinine), and the Martyrs, the nun Maria (Skobtsova), the Reader Georges (Skobtsov), and Élie (Fondaminsky).**
 Repose of St Abramius of Galich (1375).
- Vespers** 1. 3(1) Kings 17:1-24 2. 3(1) Kings 18:1,17-46; 19:1-16
 3. 3(1) Kings 19:19-21; 4(2) Kings 2:1,6-14
Matins Gospel * Luke 4:22-30 ** Matthew 10 : 16-22
 * James 5:10-20 * Luke 4:22-30
 ** Ephesians 6:10-17 ** Luke 21: 12-19
- 21/3 Prophet Ezekiel (6th BC).
 St Simeon of Emessa, Fool-for-Christ, and his fellow ascetic, St John (590).
- 22/4 ***Holy Myrrh-bearer and Equal-to-the-Apostles Mary Magdalene (1st).**
 * 1 Corinthians 9:2-12 * Luke 8:1-3
- 23/5 Hieromartyr Apollinaris, Bishop of Ravenna (75).
 Martyrs Trophimus, Theophilus and those with them (284-305).

- 24/6 Martyr Christina of Tyre (300).
*Holy Martyrs and Passion-bearers Boris and Gleb, in Holy Baptism Romanus and David (1015).
St Declan, Bishop of Ardmore (5th).
* Romans 8:28-39 * John 15:17-16:2
- 25/7 ***Dormition of the Righteous Anna, Mother of the Most Holy Mother of God.**
The Holy Women Olympias the Deaconess (409) and the Virgin Eupraxia (413).
The Holy Fathers of the Fifth Ecumenical Council (553).
* Galatians 4:22-31 * Luke 8:16-21
- 26/8 Hieromartyr Hermolaus and Martyrs Hermippus and Hermocrates (305).
Martyr Parasceve at Rome (138-161).
- 27/9 ***Holy Great Martyr and Healer Panteleimon (305).**
St Clement of Ochrid, Bishop (916).
Sts Angelar, Sabbas, Nahum and Gorazd (disciples of St Cyril and St Methodius) (9th).
St German of Alaska (1837).
Matins Gospel Luke 21:12-19
* 2 Timothy 2:1-10 * John 15:17-16:2
- 28/10 Holy Apostles of the Seventy and Deacons: Prochorus, Nicanor, Timon, and Parmenas.
Martyrs Julian (2nd), Eustathius (316) and Acacius (321).
St Samson, Bishop of Dol (565).
New Martyr Christodoulos (1777).
- 29/11 Martyr Callinicus at Gangra (3rd-4th). Virgin-Martyr Seraphima of Antioch (117-138).
Martyr Theodota and her three sons in Bithynia (304).
- 30/12 Apostles Silas and Silvanus of the Seventy and those with them (1st).
Martyr John the Soldier (4th).
Hieromartyr Valentine, Bishop of Terni in Italy (273).
- 31/13 **Forefeast of the Procession of the Precious Wood of the Lifegiving Cross of the Lord.**
St Germanus, Bishop of Auxerre (448).
Righteous Eudocimus of Cappadocia (9th).
*Hieromartyr Benjamin, Metropolitan of Petrograd, and with him, Hieromartyr Archimandrite Sergii, and Martyrs Georgii and Ioann (1922).
Martyr Julitta at Caesarea (304-305).
St Neot, Monk and Hermit in Cornwall (877).
* Romans 8:28-39 * Luke 21:12-19

15/28

**THE DORMITION OF OUR MOST HOLY LADY,
THE MOTHER OF GOD AND EVER-VIRGIN MARY.**

Vespers 1. Genesis 28:10-17 2. Ezekiel 43:27-44:4a 3. Proverbs 9:1-11

Matins Gospel Luke 1:39-49,56

Philippians 2:5-11

Luke 10:38-42; 11:27-28

16/29

Afterfeast of the Dormition.

***Translation of the Icon 'Not made with hands' of Our Lord Jesus Christ from Edessa to Constantinople (944).**

Martyr Diomedes the Physician (298).

The 33 Martyrs of Palestine.

Martyr Cherimon of Egypt (4th).

Holy Martyrs Prince Constantine of Wallachia, his four sons and his counsellor (1714).

Matins Gospel Luke 9:51-56; 10:22-24

* Colossians 1:12-18

* Luke 9:51-56; 10:22-24

17/30

Afterfeast of the Dormition.

Martyr Myron, Presbyter, of Cyzicus (250).

St Alypius, Iconographer, of the Kiev Caves (1114).

18/31

Afterfeast of the Dormition.

Martyrs Florus and Laurus of Illyria (2nd).

Repose of St John, Abbot of Rila (946).

Martyrs Hermes, Serapion and Polyaenus of Rome (300).

19/1 Sept

Afterfeast of the Dormition.

Martyr Andrew Stratelates and 2593 soldiers with him in Cilicia (284-305).

Martyrs Timothy, Agapius and Thecla, of Palestine (304).

St Pitirim, Bishop of Perm (1456).

20/2

Afterfeast of the Dormition.

The Prophet Samuel (11th BC).

Hieromartyr Philip, Bishop of Heracleius, and with him, Martyrs Severus, Memnon and 37 soldiers with them (304).

St Oswin, King of Deira, Martyr (651).

21/3

Afterfeast of the Dormition.

Apostle Thaddeus of the Seventy (44).

Martyr Bassa of Edessa and her sons Theognius, Agapius, and Pistus (305-311).

St Abramius of Smolensk (13th).

22/4

Afterfeast of the Dormition.

Martyr Agathonicus and his companions in Nicomedia (305-311).

Hieromartyr Athanasius, Bishop of Tarsus (270-275).

St Anthusa (298).

Virgin-Martyr Eulalia of Barcelona (303).

30/12

Sts Alexander (340), John (595), and Paul the New (784), Patriarchs of Constantinople.

Repose of St Alexander, Abbot of Svir (1533).

*Translation of the relics of St Alexander Nevsky (1724).

Synaxis of the Serbian Hierarchs: Sts Sava I (1237), Arsenius I (1266), Sava II (1269), Eustathius I (1285), James (1292), Nicodemus (1325), and Daniel (1338), Archbishops; Ioannicius II (1354), Spyridon (1388), Ephraim II (1395), Macarius (1574), Gabriel I (1659), Patriarchs; and Gregory, Bishop. Uncovering of the relics of St Daniel, Prince of Moscow (1652).

Matins Gospel Matthew 11:27-30

* Galatians 5:22-6:2

* Luke 6:17-23

31/13

***The Placing of the Cincture (Sash) of the Most Holy Mother of God (395-408).**

Hieromartyr Cyprian, Bishop of Carthage (258).

St Gennadius, Patriarch of Constantinople (471).

St Eanswythe, Virgin, of Folkestone (640).

St Aidan, Abbot of Lindisfarne (651).

* Hebrews 9:1-7

* Luke 10:38-42; 11:27-28

At the prayers of Thy most pure Mother and of all Thy Saints,
Lord Jesus Christ, our God,
have mercy upon us and save us.

Amen.

**TABLE OF DAILY READINGS ACCORDING TO THE RUE DARU USE FROM THE
BEGINNING OF THE TRIDION**

**This Table includes those Feasts which occur in the order of the Paschal/Pentecostal
Cycle, rather than according to the Daily Calendar**

*In the period prior to Pascha, the Matins Gospels on Sundays will
continue in the sequence commenced at the previous Sunday of Sr.
Thomas, the first Sunday of Pascha. See the Table of the Sunday Matins
Gospels for more details.*

*The consecutive sequence of the Eight Tones commences at the first
Sunday after Pentecost - the Sunday of All Saints - and continues to the
Sixth Sunday of Lent the following year. The sequence is fixed between
the Sunday of Palms and Pentecost.*

Sunday	SUNDAY OF THE PUBLICAN AND THE PHARISEE (Beginning of the Lenten Triodion)	
	2 Timothy 3: 10-15	Luke 18: 10-14
Monday <i>fast-free</i>	2 Peter 1: 20 - 2:9	Mark 13: 9-13
Tuesday <i>fast-free</i>	2 Peter 2:9-22	Mark 13: 14-23
Wednesday <i>fast-free</i>	2 Peter 3: 1-18	Mark 13: 24-31
Thursday <i>fast-free</i>	1 John 1: 8 - 2:6	Mark 13:31 - 14: 2
Friday <i>fast-free</i>	1 John 2: 7-17	Mark 14: 3-9
Saturday <i>fast-free</i>	2 Timothy 3: 1-9	Luke 20: 45 - 21: 4
Sunday	SUNDAY OF THE PRODIGAL SON	
	1 Corinthians 6:12-20	Luke 15:11-32
Monday	1 John 2:18 - 3:10	Mark 11: 1-11
Tuesday	1 John 3: 10-20	Mark 14: 10-42

Wednesday <i>fast</i>	1 John 3: 21 – 4: 6	Mark 14: 43 – 15: 1
Thursday	1 John 4: 20 – 5:21	Mark 15: 1-15
Friday <i>fast</i>	2 John 1: 1-13	Mark 15: 22-25, 33-41
Saturday	*Commemoration of the Dead. Saturday of Meatfare.	
	1 Corinthians 10: 23-28	Luke 21: 8-9, 25-27, 33-36
	* 1 Thessalonians 4:13-17	* John 5:24-30
Sunday	SUNDAY OF THE LAST JUDGEMENT. SUNDAY OF MEATFARE.	
	1 Corinthians 8:8-9:2	Matthew 25:31-46
<i>Cheese week</i>		
Monday <i>cheesefare</i>	3 John 1:1-14	Luke 19: 29-40, 22: 7-39
Tuesday <i>cheesefare</i>	Jude 1: 1-10	Luke 22: 39-42, 45 - 23:1
Wednesday <i>cheesefare</i>	Sixth Hour Joel 2:12-26 Vespers Joel 3:12-21	No Liturgy
Thursday <i>cheesefare</i>	Jude 1: 11-25	Luke 23: 2-34, 44-56
Friday <i>cheesefare</i>	Sixth Hour Zechariah 8:7-17 Vespers Zechariah 8:19-23	No Liturgy
Saturday <i>cheesefare</i>	Saturday of Cheesefare. *Commemoration of the Holy Ascetics. Commemoration of All Departed Monastics	
	Romans 14:19-23; 16:25-27	Matthew 6:1-13
	* Galatians 5:22-6:2	* Matthew 11:27-30
Sunday <i>cheesefare</i>	FORGIVENESS SUNDAY. THE EXPULSION OF ADAM FROM PARADISE. SUNDAY OF CHEESEFARE.	
	Romans 13:11-14:4	Matthew 6:14-21

BEGINNING OF GREAT LENT

First Week of Great Lent.

Monday <i>fast</i>	Sixth Hour Isaiah 1:1-20 Vespers Genesis 1:1-13 Great Canon of St Andrew of Crete	No Liturgy Proverbs 1:1-20
Tuesday <i>fast</i>	Sixth Hour Isaiah 1:19-2:3 Vespers Genesis 1:14-23 Great Canon of St Andrew of Crete	No Liturgy Proverbs 1:20-33
Wednesday <i>fast</i>	Sixth Hour Isaiah 2:3-11 Vespers Genesis 1:24-2:3 Great Canon of St Andrew of Crete	Liturgy of the Presanctified Gifts Proverbs 2:1-22
Thursday <i>fast</i>	Sixth Hour Isaiah 2:11-21 Vespers Genesis 2:4-19 Great Canon of St Andrew of Crete	No Liturgy Proverbs 3:1-18
Friday <i>fast</i>	Sixth Hour Isaiah 3:1-14 Vespers Genesis 2:20-3:20	Liturgy of the Presanctified Gifts Proverbs 3:19-34
Saturday <i>fast:</i> <i>wine & oil</i>	First Saturday of Great Lent. *Commemoration of St Theodore the Recruit (306). Matins Gospel Luke 7:17-30 Hebrews 1:1-12 * 2 Timothy 2:1-10	Mark 2:23-3:5 * John 15:17-16:2
Sunday <i>fast:</i> <i>wine & oil</i>	FIRST SUNDAY OF GREAT LENT. Sunday of Orthodoxy. Hebrews 11:24-26,32-12:2	Liturgy of St Basil John 1:43-51

Second Week of Great Lent.

Monday <i>fast</i>	Sixth Hour Isaiah 4:2-5:7 Vespers Genesis 3:21-4:7	No Liturgy Proverbs 3:34-4:22
Tuesday <i>fast</i>	Sixth Hour Isaiah 5:7-16 Vespers Genesis 4:8-15	No Liturgy Proverbs 5:1-15
Wednesday <i>fast</i>	Sixth Hour Isaiah 5:16-25 Vespers Genesis 4:16-26	Liturgy of the Presanctified Gifts Proverbs 5:15-6:3
Thursday <i>fast</i>	Sixth Hour Isaiah 6:1-12 Vespers Genesis 5:1-24	No Liturgy Proverbs 6:3-20
Friday	Sixth Hour Isaiah 7:1-14	Liturgy of the Presanctified Gifts

Tone
fast
wine & oil

Hebrews 9:11-14
* Galatians 3:23-29

Liturgy of St Basil
Mark 10:32-45
* Luke 7:36-50

Sixth Week of Great Lent.

Monday
fast

Sixth Hour Isaiah 48:17-49:4
Vespers Genesis 27:1-41

No Liturgy
Proverbs 19:16-25

Tuesday
fast

Sixth Hour Isaiah 49:6-10
Vespers Genesis 31:3-16

No Liturgy
Proverbs 21:3-21

Wednesday
fast

Sixth Hour Isaiah 58:1-11
Vespers Genesis 43:26-31;
45:1-16

Liturgy of the Presanctified Gifts
Proverbs 21:23-22:4

Thursday
fast

Sixth Hour Isaiah 65:8-16
Vespers Genesis 46:1-7

No Liturgy
Proverbs 23:15-24:5

Friday
fast

Sixth Hour Isaiah 66:10-24
Vespers Genesis 49:33-50:26

Liturgy of the Presanctified Gifts
Proverbs 31:8-32

Saturday
fast: fish roe,
wine & oil

LAZARUS SATURDAY.
Hebrews 12:28-13:8

John 11:1-45

Sunday
Tone 1
fast: fish,
wine & oil

THE ENTRY OF OUR LORD INTO JERUSALEM - PALM SUNDAY.

Vespers Genesis 49:1-2,8-12 Zephaniah 3:14-19 Zechariah 9:9-15
Matins Gospel Matthew 21:1-11,15-17
Liturgy of St John Chrysostom
Philippians 4:4-9 John 12:1-18

Passion Week

Monday
fast

Great and Holy Monday.

Matins Gospel Matthew 21:18-43

Sixth Hour Ezekiel 1:1-20

Vespers Exodus 1:1-20

Liturgy of the Presanctified Gifts

Job 1:1-12 Matthew 24:3-35

Tuesday
fast

Great and Holy Tuesday.

Matins Gospel Matthew 22:15-23:39

Sixth Hour Ezekiel 1:21-28

Vespers Exodus 2:5-10

Liturgy of the Presanctified Gifts

Job 1:13-22 Matthew 24:36-26:2

Wednesday
fast

Great and Holy Wednesday.

Matins Gospel John 12:17-50

Sixth Hour Ezekiel 2:3-3:3

Liturgy of the Presanctified Gifts

Vespers Exodus 2:11-22 Job 2:1-10 Matthew 26:6-16

Thursday

*fast:
wine & oil*

Great and Holy Thursday.

Matins Gospel Luke 22:1-39

First Hour Jeremiah 11:18-12:5,9-11,14-15

Vespers 1. Exodus 19:10-19 2. Job 38:1-21; 42:1-5 3. Isaiah 50:4-11

Liturgy of St Basil 1 Corinthians 11:23-32

Matthew 26:1-20; John 13:3-17; Matthew 26:21-39;
Luke 22:43-45; Matthew 26:40-27:2

At the Washing of the Feet: John 13:1-11

After the Washing of the Feet: John 13:12-17

Friday

strict fast

Great and Holy Friday.

At Matins on Thursday evening the Twelve Passion Gospels:

- | | |
|---------------------|----------------------|
| 1. John 13:31-18:1 | 2. John 18:1-28 |
| 3. Matthew 26:57-75 | 4. John 18:28-19:16 |
| 5. Matthew 27:3-32 | 6. Mark 15:16-32 |
| 7. Matthew 27:33-54 | 8. Luke 23:32-49 |
| 9. John 19:25-37 | 10. Mark 15:43-47 |
| 11. John 19:38-42 | 12. Matthew 27:62-66 |

Royal Hours:

No Liturgy

First Hour Zechariah 11:10-13 Galatians 6:14-18 Matthew 27:1-56

Third Hour Isaiah 50:4-11 Romans 5:6-10 Mark 15:16-41

Sixth Hour Isaiah 52:13-54:1 Hebrews 2:11-18 Luke 23:32-49

Ninth Hour Jeremiah 11:18-12:5; Hebrews 10:19-31 John 18:28-19:37
12: 9-11,14-15

Friday

*strict fast
continued*

Great and Holy Friday - continued

Vespers 1. Exodus 33:11-23 2. Job 42:12-17 3. Isaiah 52:13-54:1

1 Corinthians 1:18-2:2

Gospel Matthew 27:1-38; Luke 23:39-43; Matthew 27:39-54;
John 19:31-37; Matthew 27:55-61

Saturday

fast: wine

Great and Holy Saturday.

At Matins on Friday evening:

1 Corinthians 5:6-8; Galatians 3:13-14 Matthew 27:62-66

- Vespers**
- | | |
|---|-----------------------|
| 1. Genesis 1:1-13 | 2. Isaiah 60:1-16 |
| 3. Exodus 12:1-11 | 4. Jonah 1:1-4:11 |
| 5. Joshua 5:10-15 | 6. Exodus 13:20-15:19 |
| 7. Zephaniah 3:8-15 | 8. 1 Kings 17:8-24 |
| 9. Isaiah 61:10-62:5 | 10. Genesis 22:1-18 |
| 11. Isaiah 61:1-9 | 12. 2 Kings 4:8-37 |
| 13. Isaiah 63:11-64:5 | 14. Jeremiah 31:31-34 |
| 15. Daniel 3:1-23; Song of the Three Children vv.1-66 | |

Liturgy of St Basil the Great

Romans 6:3-11

Matthew 28:1-20

The Reading of the Acts of the Holy Apostles begins

in the early evening and continues until Paschal Matins.

**THE GLORIOUS RESURRECTION OF CHRIST,
THE PASCHA OF THE LORD.**

Sunday <i>fast-free</i>	Beginning of the Pentecostarion.		
	Matins Gospel	Mark 16:1-8	John 1:1-17
	Acts 1:1-8		
	Great Vespers	John 20:19-25	

Bright Week

Monday Tone 2 <i>Fast-free</i>	Bright Monday.		
	Acts 1:12-17, 21-26		John 1:18-28

Tuesday Tone 3 <i>fast-free</i>	Bright Tuesday.		
	Acts 2:14-21		Luke 24:12-35

Wednesday Tone 4 <i>fast-free</i>	Bright Wednesday.		
	Acts 2:22-36		John 1:35-51

Thursday Tone 5 <i>fast-free</i>	Bright Thursday.		
	Acts 2:38-43		John 3:1-15

Friday Tone 6 <i>fast-free</i>	Bright Friday.		
	*The Life-giving Spring of the Most Holy Mother of God.		
	Acts 3:1-8		John 2:12-22
	* Philipians 2:5-11	*	Luke 10:38-42; 11:27-28

Saturday Tone 8 <i>fast-free</i>	Bright Saturday.		
	Acts 3:11-16		John 3:22-33

Sunday Tone 1	ANTI-PASCHA. 2nd SUNDAY OF PASCHA. Thomas Sunday.		
	Matins Gospel (i) Matthew 28:16-20		
	Acts 5:12-20		John 20:19-31

Week of St. Thomas

Monday	Acts 3:19-26	John 2:1-11
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Tuesday	Radonitsa. Commemoration of the Dead.	
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	Acts 4:1-10	John 3:16-21
Wednesday <i>fast : wine & oil</i>	Acts 4:13-22	John 5:17-24
Thursday	Acts 4:23-31	John 5:24-30
Friday <i>fast : wine & oil</i>	Acts 5:1-11	John 5:30-6:2
Saturday	Acts 5:21-33	John 6:14-27
Sunday Tone 2	3rd SUNDAY OF PASCHA. Sunday of the Myrrh-bearing Women: Matins Gospel (iii) Mark 16:9-20	
	Acts 6:1-7	Mark 15:43-16:8
Monday	Acts 6:8-7:5,47-60	John 4:46-54
Tuesday	Acts 8:5-17	John 6:27-33
Wednesday <i>fast : wine & oil</i>	Acts 8:18-25	John 6:35-39
Thursday	Acts 8:26-39	John 6:40-44
Friday <i>fast : wine & oil</i>	Acts 8:40-9:19	John 6:48-54
Saturday	Acts 9:20-31	John 15:17-16:2
Sunday Tone 3	4th SUNDAY OF PASCHA. Sunday of the Paralysed Man.	
	Matins Gospel (iv) Luke 24:1-12	
	Acts 9:32-42	John 5:1-15
Monday	Acts 10:1-16	John 6:56-69
Tuesday	Acts 10:21-33	John 7:1-13
Wednesday <i>fast : wine & oil</i>	MID-PENTECOST.	
	Vespers 1. Micah 4:2-3, 5; 6:2-5, 8; 5:4 2. Isaiah 55:1-2; 12:3-4; 55:2- 3,6-13 3. Proverbs 9:1-11	
	Acts 14:6-18	John 7:14-30
	The Lesser Blessing of the Waters	
	Hebrews 2: 11-18	John 5: 1-4
Thursday	Acts 10:34-43	John 8:12-20
Friday	Acts 10:44-11:10	John 8:21-30

Sunday 7th SUNDAY OF PASCHA. Afterfeast of the Ascension.
Tone 6 Sunday of the Holy Fathers of the First Ecumenical Council (325).

Vespers 1. Genesis 14:14-20 2. Deuteronomy 1:8-11,15-17
3. Deuteronomy 10:14-21

Matins Gospel (x) John 21:1-14
Acts 20:16-18,28-36 John 17:1-13

Monday Afterfeast of the Ascension.
Acts 21:8-14 John 14:27-15:7

Tuesday Afterfeast of the Ascension.
Acts 21:26-32 John 16:2-13

Wednesday Afterfeast of the Ascension.
fast : wine & oil Acts 23:1-11 John 16:15-23

11/24
Thursday Afterfeast of the Ascension.
Acts 25:13-19 John 16:23-33

Friday Leavetaking of the Ascension.
fast : wine & oil Acts 27:1-44 John 17:18-26

Saturday *Commemoration of the Dead.
Acts 28:1-31 John 21:15-25
* 1 Thessalonians 4:13-17 * John 5:24-30
*[or 1 Corinthians 15:47-57 John 6:35-39]

Sunday PENTECOST. TRINITY SUNDAY.
tone 7
fast-free **Vespers** Numbers 11:16-17,24-29 Joel 2:23-32 Ezekiel 36:24-28
Matins Gospel John 20:19-23
Acts 2:1-11 John 7:37-52; 8:12

At Vespers on Sunday evening: Kneeling Prayers

Trinity Week : 1st Week after Pentecost

Monday DAY OF THE HOLY SPIRIT.
fast-free Ephesians 5:9-19 Matthew 18:10-20

Tuesday THIRD DAY OF THE TRINITY.
fast-free Romans 1:1-7,13-17 Matthew 4:25-5:13

Wednesday Afterfeast of Pentecost.
Romans 1:18-27 Matthew 5:20-26

fast-free

Thursday **Afterfeast of Pentecost.**
fast-free Romans 1:28-2:9 Matthew 5:27-32

Friday **Afterfeast of Pentecost.**
fast-free Romans 2:14-29 Matthew 5:33-41

Saturday **Leavetaking of Pentecost**
fast-free Romans 1:7-12 Matthew 5:42-48

Sunday **1st SUNDAY AFTER PENTECOST. Sunday of All Saints.**
Tone 8
Vespers Isaiah 43:9-14 Wisdom 3:1-9 Wisdom 5:15-6:3
Matins Gospel (i) Matthew 28:16-20
 Hebrews 11:33-12:2 Matthew 10:32-33,37-38; 19:27-30

Beginning of the Fast of the Holy Apostles Peter and Paul.

*The fast continues to the eve of the Feast of Sts Peter and Paul (29 June / 12 July)
Wine and oil are permitted on Tuesdays and Thursdays;
wine, oil and fish on Saturdays and Sundays*

Monday Romans 2:28-3:18 Matthew 6:31-34; 7:9-11

Tuesday Romans 4:4-12 Matthew 7:15-21

Wednesday Romans 4:13-25 Matthew 7:21-23

Thursday Romans 5:10-16 Matthew 8:23-27

Friday Romans 5:17-6:2 Matthew 9:14-17

Saturday Romans 3:19-26 Matthew 7:1-8

Sunday **2nd SUNDAY AFTER PENTECOST.**
Tone 1
***Sunday of All Saints of Russia and of the Holy Mount of Athos.
All Saints of Romania.**

Vespers Isaiah 43:9-14 Wisdom 3:1-9 Wisdom 5:15-6:3

Matins Gospel (ii) Mark 16:1-8

Romans 2:10-16 Matthew 4:18-23

* Hebrews 11:33-12:2 * Matthew 4:25-5:12

Monday Romans 7:1-13 Matthew 9:36-10:8

Tuesday Romans 7:14-8:2 Matthew 10:9-15

Wednesday	Romans 8:2-13	Matthew 10:16-22
Thursday	Romans 8:22-27	Matthew 10:23-31
Friday	Romans 9:6-19	Matthew 10:32-36; 11:1
Saturday	Romans 3:28-4:3	Matthew 7:24-8:4
Sunday Tone 2	3rd SUNDAY AFTER PENTECOST.	
	Sunday of All Saints of Britain and of the New Martyrs of Greece.	
	Matins Gospel (iii) Mark 16:9-20 Romans 5:1-10	Matthew 6:22-33
Monday	Romans 9:18-33	Matthew 11:2-15
Tuesday	Romans 10:11-11:2	Matthew 11:16-20
Wednesday	Romans 11:2-12	Matthew 11:20-26
Thursday	Romans 11:13-24	Matthew 11:27-30
Friday	Romans 11: 25-36	Matthew 12: 1-8
Saturday	Romans 6:11-17	Matthew 8:14-23
Sunday Tone 3	4th SUNDAY AFTER PENTECOST.	
	Matins Gospel (iv) Luke 24:1-12 Romans 6:18-23	Matthew 8:5-13
Monday	Romans 12:4-5,15-21	Matthew 12:9-13
Tuesday	Romans 14:9-18	Matthew 12:14-16,22-30
Wednesday	Romans 15:7-16	Matthew 12:38-45
Thursday	Romans 15:17-29	Matthew 12:46-13:3
Friday	Romans 16:1-16	Matthew 13:4-9
Saturday	Romans 8:14-21	Matthew 9:9-13
Sunday Tone 4	5th SUNDAY AFTER PENTECOST.	
	Matins Gospel (v) Luke 24:12-35 Romans 10:1-10	Matthew 8:28-9:1

Monday	Romans 16:17-24	Matthew 13:10-23
Tuesday	1 Corinthians 1:1-9	Matthew 13:24-30
Wednesday	1 Corinthians 2:9-3:8	Matthew 13:31-36
Thursday	1 Corinthians 3:18-23	Matthew 13:36-43
Friday	1 Corinthians 4:5-8	Matthew 13:44-54
Saturday	Romans 9:1-5	Matthew 9:18-26
Sunday Tone 5	6th SUNDAY AFTER PENTECOST. Matins Gospel (vi) Luke 24:36-53 Romans 12:6-14	Matthew 9:1-8
Monday	1 Corinthians 5:9-6:11	Matthew 13:54-58
Tuesday	1 Corinthians 6:20-7:12	Matthew 14:1-13
Wednesday	1 Corinthians 7:12-24	Matthew 14:35-15:11
Thursday	1 Corinthians 7:24-35	Matthew 15:12-21
Friday	1 Corinthians 7:35-8:7	Matthew 15:29-31
Saturday	Romans 12:1-3	Matthew 10:37-11:1
Sunday Tone 6	7th SUNDAY AFTER PENTECOST. Matins Gospel (vii) John 20:1-10 Romans 15:1-7	Matthew 9:27-35
Monday	1 Corinthians 9:13-18	Matthew 16:1-6
Tuesday	1 Corinthians 10:5-12	Matthew 16:6-12
Wednesday	1 Corinthians 10:12-22	Matthew 16:20-24
Thursday	1 Corinthians 10:28-11:7	Matthew 16:24-28
Friday	1 Corinthians 11:8-22	Matthew 17:10-18
Saturday	Romans 13:1-10	Matthew 12:30-37

Sunday Tone 7	8th SUNDAY AFTER PENTECOST. Matins Gospel (viii) John 20:11-18 1 Corinthians 1:10-18	Matthew 14:14-22
Monday	1 Corinthians 11:31-12:6	Matthew 18:1-11
Tuesday	1 Corinthians 12:12-26	Matthew 18:18-22; 19:1-2,13-15
Wednesday	1 Corinthians 13:4-14:5	Matthew 20:1-16
Thursday	1 Corinthians 14:6-19	Matthew 20:17-28
Friday	1 Corinthians 14:26-40	Matthew 21:12-14,17-20
Saturday	Romans 14:6-9	Matthew 15:32-39
Sunday Tone 8	9th SUNDAY AFTER PENTECOST. Matins Gospel (ix) John 20:19-31 1 Corinthians 3:9-17	Matthew 14:22-34
Monday	1 Corinthians 15:12-19	Matthew 21:18-22
Tuesday	1 Corinthians 15:29-38	Matthew 21:23-27
Wednesday	1 Corinthians 16:4-12	Matthew 21:28-32
Thursday	2 Corinthians 1:1-7	Matthew 21:43-46
Friday	2 Corinthians 1:12-20	Matthew 22:23-33
Saturday	Romans 15:30-33	Matthew 17:24-18:4
Sunday Tone 1	10th SUNDAY AFTER PENTECOST. Matins Gospel (x) John 21:1-14 1 Corinthians 4:9-16	Matthew 17:14-23
Monday	2 Corinthians 2:4-15	Matthew 23:13-22
Tuesday	2 Corinthians 2:14-3:3	Matthew 23:23-28
Wednesday	2 Corinthians 3:4-11	Matthew 23:29-39
Thursday	2 Corinthians 4:1-6	Matthew 24:13-28
Friday	2 Corinthians 4:13-18	Matthew 24:27-33,42-51

Saturday	1 Corinthians 1:3-9	Matthew 19:3-12
Sunday Tone 2	11th SUNDAY AFTER PENTECOST. Matins Gospel (xi) John 21:15-25 1 Corinthians 9:2-12	Matthew 18:23-35
Monday	2 Corinthians 5:10-15	Mark 1:9-15
Tuesday	2 Corinthians 5:15-21	Mark 1:16-22
Wednesday	2 Corinthians 6:11-16	Mark 1:23-28
Thursday	2 Corinthians 7:1-10	Mark 1:29-35
Friday	2 Corinthians 7:10-16	Mark 2:18-22
Saturday	1 Corinthians 1:26-29	Matthew 20:29-34
Sunday Tone 3	12th SUNDAY AFTER PENTECOST. Matins Gospel (i) Matthew 28:16-20 1 Corinthians 15:1-11	Matthew 19:16-26
Monday	2 Corinthians 8:7-15	Mark 3:6-12
Tuesday	2 Corinthians 8:16-9:5	Mark 3:13-19
Wednesday	2 Corinthians 9:12-10:7	Mark 3:20-27
Thursday	2 Corinthians 10:7-18	Mark 3:28-35
Friday	2 Corinthians 11:5-21	Mark 4:1-9
Saturday	1 Corinthians 2:6-9	Matthew 22:15-22
Sunday Tone 4	13th SUNDAY AFTER PENTECOST. Matins Gospel (ii) Mark 16:1-8 1 Corinthians 16:13-24	Matthew 21:33-42
Monday	2 Corinthians 12:10-19	Mark 4:10-23
Tuesday	2 Corinthians 12:20-13:2	Mark 4:24-34
Wednesday	2 Corinthians 13:3-13	Mark 4:35-41
Thursday	Galatians 1:1-10,20-2:5	Mark 5:1-20
Friday	Galatians 2:6-10	Mark 5:22-24,35-6:1
Saturday	1 Corinthians 4:1-5	Matthew 23:1-12

Sunday Tone 5	14th SUNDAY AFTER PENTECOST. Matins Gospel (iii) Mark 16:9-20 2 Corinthians 1:21-2:4	Matthew 22:1-14
Monday	Galatians 2:11-16	Mark 5:24-34
Tuesday	Galatians 2:21-3:7	Mark 6:1-7
Wednesday	Galatians 3:15-22	Mark 6:7-13
Thursday	Galatians 3:23-4:5	Mark 6:30-45
Friday	Galatians 4:8-21	Mark 6:45-53
Saturday	1 Corinthians 4:17-5:5	Matthew 24:1-13

Sunday Tone 6	15th SUNDAY AFTER PENTECOST. Matins Gospel (iv) Luke 24:1-12 2 Corinthians 4:6-15	Matthew 22:35-46
Monday	Galatians 4:28-5:10	Mark 6:54-7:8
Tuesday	Galatians 5:11-21	Mark 7:5-16
Wednesday	Galatians 6:2-10	Mark 7:14-24
Thursday	Ephesians 1:1-9	Mark 7:24-30
Friday	Ephesians 1:7-17	Mark 8:1-10
Saturday	1 Corinthians 10:23-28	Matthew 24:34-44

Sunday Tone 7	16th SUNDAY AFTER PENTECOST. Matins Gospel (v) Luke 24:12-35 2 Corinthians 6:1-10	Matthew 25:14-30
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17th week after Pentecost

Monday	Ephesians 1:22-2:3	Mark 10: 46-52
Tuesday	Ephesians 2:19-3:7	Mark 11: 11-23
Wednesday <i>fast</i>	Ephesians 3: 8-21	Mark 11: 23-26
Thursday	Ephesians 4:14-19	Mark 11: 27-33

Friday Ephesians 4:17-25 Mark 12: 1-12
fast

Saturday 1 Corinthians 14:20-25 Matthew 25: 1-13

Sunday **17th SUNDAY AFTER PENTECOST.**

Tone 8

Matins Gospel (vi) Luke 24:36-53
2 Corinthians 6:16-7:1 Matthew 25:21-28

Note: in some years, where there are 37 Sundays after Pentecost, there are no separate readings from the Weekly Lectionary for the 18th week after Pentecost. Instead, the readings prescribed for the different commemorations on each day are used.

If there should be a 36th Sunday after Pentecost, the reading for this day is then repeated.

At this point the readings of the Gospel from St. Mark are suspended until the 30th week after Pentecost – this is commonly known as the “Lucan Jump”

18th week after Pentecost

Monday Ephesians 4: 25-32 Luke 3: 19-22

Tuesday Ephesians 5:20-26 Luke 3: 23 - 4: 1

Wednesday Ephesians 5:25-33 Luke 4:1-15

Thursday Ephesians 5: 33–6:9 Luke 4:16-22

Friday Ephesians 6:18-24 Luke 4:22-30

Saturday 1 Corinthians 15: 39-45 Luke 4: 31-36

Sunday **18th SUNDAY AFTER PENTECOST.**

Matins Gospel (vii) John 20:1-10
2 Corinthians 9: 6-11 Luke 5:1-11

19th week after Pentecost

Monday Philippians 1:1-7 Luke 4: 37-44

Tuesday Philippians 1: 8-14 Luke 5: 12-16

Wednesday Philippians 1: 12-20 Luke 5: 33-39

Thursday Philippians 1: 20-27 Luke 6:12-19

Friday Philippians 1: 27- 2: 4 Luke 6:17-23

Saturday	1 Corinthians 15:58-16:3	Luke 5:17-26
Sunday	19th SUNDAY AFTER PENTECOST.	
	Matins Gospel (viii) John 20:11-18 2 Corinthians 11: 31-12: 9	Luke 6: 31-36
	20 th week after Pentecost	
Monday	Philippians 2:12-16	Luke 6: 24-30
Tuesday	Philippians 2:17-23	Luke 6: 37-45
Wednesday	Philippians 2: 24-30	Luke 6: 46-7: 1
Thursday	Philippians 3:1-8	Luke 7: 17-30
Friday	Philippians 3: 8-19	Luke 7: 31-35
Saturday	2 Corinthians 1: 8-11	Luke 5: 27-32
Sunday	20th SUNDAY AFTER PENTECOST.	
	Matins Gospel (ix) John 20:19-31 Galatians 1: 11-19	Luke 7: 11-16
	21 st week after Pentecost	
Monday	Philippians 4:10-23	Luke 7: 36-50
Tuesday	Colossians 1: 1-2, 7-11	Luke 8: 1-3
Wednesday	Colossians 1: 18-23	Luke 8: 22-25
Thursday	Colossians 1: 24-29	Luke 9: 7-11
Friday	Colossians 2: 1-7	Luke 9: 12-18
Saturday	2 Corinthians 3: 12-18	Luke 6: 1-10
Sunday	21st SUNDAY AFTER PENTECOST.	
Tone	Matins Gospel (x) John 21:1-14 Galatians 2: 16-20	Luke 8: 5-15
	22 nd week after Pentecost	
Monday	Colossians 2: 13-20	Luke 9: 18-22
Tuesday	Colossians 2: 20-3: 3	Luke 9: 23-27

Wednesday	Colossians 3: 17-4: 1	Luke 9: 44-50
Thursday	Colossians 4: 2-9	Luke 9: 49-56
Friday	Colossians 4: 10-18	Luke 10: 1-15
Saturday	2 Corinthians 5: 1-10	Luke 7: 2-10
Sunday Tone	22nd SUNDAY AFTER PENTECOST. Matins Gospel (xi) John 21:15-25 Galatians 6: 11-18	Luke 16: 19-31
	23 rd week after Pentecost	
Monday	1 Thessalonians 1: 1-5	Luke 10: 22-24
Tuesday	1 Thessalonians 1: 6-10	Luke 11: 1-10
Wednesday	1 Thessalonians 2: 1-8	Luke 11: 9-13
Thursday	1 Thessalonians 2: 9-14	Luke 11: 14-23
Friday	1 Thessalonians 2: 14-19	Luke 11: 23-26
Saturday	2 Corinthians 8: 1-5	Luke 13: 16-21
Sunday Tone 6	23rd SUNDAY AFTER PENTECOST. Matins Gospel (i) Matthew 28:16-20 Ephesians 2: 4-10	Luke 8: 26-39
	24 th week after Pentecost	
Monday	1 Thessalonians 2: 20-3: 8	Luke 11: 29-33
Tuesday	1 Thessalonians 3: 9-13	Luke 11: 34-41
Wednesday	1 Thessalonians 4: 1-12	Luke 11: 42-46
Thursday	1 Thessalonians 5: 1-8	Luke 11: 47-12: 1
Friday	1 Thessalonians 5: 9-13, 24-8	Luke 12: 2-12
Saturday	2 Corinthians 11: 1-6	Luke 9: 1-6
Sunday Tone 7	24th SUNDAY AFTER PENTECOST. Matins Gospel (ii) Mark 16:1-8 Ephesians 2: 14-22	Luke 8: 41-56

25th week after Pentecost

Monday	2 Thessalonians 1: 1-10	Luke 12: 13-15, 22-31
Tuesday	2 Thessalonians 1: 10-2: 2	Luke 12: 42-48
Wednesday	2 Thessalonians 2: 1-12	Luke 12: 48-59
Thursday	2 Thessalonians 2: 13-3: 5	Luke 13: 1-9
Friday	2 Thessalonians 3: 6-18	Luke 13: 31-35
Saturday	Galatians 1: 3-10	Luke 9: 37-43

Sunday 25th SUNDAY AFTER PENTECOST.

Tone 8

Matins Gospel (iii) Mark 16:9-20
Ephesians 4: 1-6 Luke 10: 25-37

26th week after Pentecost

Monday	1 Timothy 1: 1-7	Luke 14: 12-15
Tuesday	1 Timothy 1: 8-14	Luke 14:25-35
Wednesday	1 Timothy 1: 18-20, 2: 8-15	Luke 15: 1-10
Thursday	1 Timothy 3: 1-13	Luke 16: 1-9
Friday	1 Timothy 4: 4-8, 16	Luke 16: 15-18, 17: 1-4
Saturday	Galatians 3: 8-12	Luke 9: 57-62

Sunday 26th SUNDAY AFTER PENTECOST.

Tone 1

Matins Gospel (iv) Luke 24:1-12
Ephesians 5: 9-19 Luke 12: 16-21

27th week after Pentecost

Monday	1 Timothy 5: 1-10	Luke 17: 20-25
Tuesday	1 Timothy 5: 11-21	Luke 17: 26-37
Wednesday	1 Timothy 5: 22-6: 11	Luke 18: 15-17, 26-30
Thursday	1 Timothy 6: 17-21	Luke 18: 31-34
Friday	2 Timothy 1: 1-2, 8-18	Luke 19: 12-28

Saturday Galatians 5:22-6:2 Luke 10: 19-21

Sunday 27th SUNDAY AFTER PENTECOST.

Tone 2

Matins Gospel (v) Luke 24:12-35
Ephesians 6: 10-17

Luke 13: 10-17

28th week after Pentecost

Monday 2 Timothy 2: 20-26 Luke 19: 37-44

Tuesday 2 Timothy 3: 16-4: 4 Luke 19: 45-48

Wednesday 2 Timothy 4: 9-22 Luke 20: 1-8

Thursday Titus 1: 5-11 Luke 20: 9-18

Friday Titus 1: 15-2: 10 Luke 20: 19-26

Saturday Ephesians 1: 16-23 Luke 12: 32-40

Sunday 28th SUNDAY AFTER PENTECOST.

Tone 3

Matins Gospel (vi) Luke 24:36-53

There are no appointed readings for this Sunday. If it is the Sunday of the Holy Forefathers, the last Sunday before Nativity, the readings appointed for that Feast are read. If it is not the Sunday of the Holy Forefathers, then the readings from the Sunday when that feast actually occurs are read on this Sunday instead.*

* Hebrews 11:9-10,17-23,32-40 * Matthew 1:1-25

29th week after Pentecost

Monday Hebrews 3: 5-11, 17-19 Luke 20: 27-44

Tuesday Hebrews 4: 1-13 Luke 21: 12-19

Wednesday Hebrews 5: 11-6: 8 Luke 21: 5-7, 10-11, 20-24

Thursday Hebrews 7: 1-6 Luke 21: 28-33

Friday Hebrews 7: 18-25 Luke 21: 37-22: 8

Saturday Ephesians 2: 11-13 Luke 13: 18-29

Sunday
Tone 4

29th SUNDAY AFTER PENTECOST.

Matins Gospel (vii) John 20:1-10
Colossians 3: 4-11 Luke 14: 16-24

30th week after Pentecost

Recommencement of readings from St. Mark

Monday Hebrews 8: 7-13 Mark 8: 11-21

Tuesday Hebrews 9: 8-10, 15-23 Mark 8: 22-26

Wednesday Hebrews 10: 1-18 Mark 8: 30-34

Thursday Hebrews 10: 35-11: 7 Mark 9: 10-16

Friday Hebrews 11: 8, 11-16 Mark 9: 33-41
fast

Saturday Ephesians 5: 1-8 Luke 14: 1-11

Sunday **30th SUNDAY AFTER PENTECOST.**

Tone 5

Matins Gospel (viii) John 20:11-18
Colossians 3:12-16 Luke 18: 18-27

Monday Hebrews 11: 17-23, 27-31 Mark 9: 42-10: 1

Tuesday Hebrews 12: 25-26, 13: 22-25 Mark 10: 2-12

Start of reading of Catholic Epistles

Wednesday James 1: 1-18 Mark 10: 11-16

Thursday James 1: 19-27 Mark 10: 17-27

Friday James 2:1-13 Mark 10:23-32

Saturday Colossians 1:3-6 Luke 16:10-15

Sunday **31st SUNDAY AFTER PENTECOST.**

Tone 6

Matins Gospel (ix) John 20:19-31
1 Timothy 1:15-17 Luke 18:35-43

32nd week after Pentecost

Monday James 2:14-26 Mark 10:46-52

Tuesday James 3:1-10 Mark 11:11-23

Wednesday	James 3:11-4:6	Mark 11:23-26
Thursday	James 4:7-5:9	Mark 11:27-33
Friday	1 Peter 1:1, 2, 10-12, 2:6-10	Mark 12:1-12
Saturday	1 Thessalonians 5:14-23	Luke 17:3-10

Sunday **32nd SUNDAY AFTER PENTECOST.**

Tone 7

Matins Gospel (x) John 21:1-14
1 Timothy 4:9-15 Luke 19:1-10

33rd week after Pentecost

Monday	1 Peter 2:21-3:9	Mark 12: 13-17
Tuesday	1 Peter 3:10-22	Mark 12: 18-27
Wednesday	1 Peter 4:1-11	Mark 12: 28-37
Thursday	1 Peter 4:12-5:5	Mark 12: 38-44
Friday	2 Peter 1: 1-10	Mark 13: 1-8
Saturday	2 Timothy 2:11-19	Luke 18:10-14

Sunday **33rd SUNDAY AFTER PENTECOST.**

Tone 8

Matins Gospel (xi)
2 Timothy 3:10-15 Luke 18:10-14

34th week after Pentecost

There is normally an adjustment necessary here to ensure the Lectionary fits into the readings prescribed from Publican and Pharisee onwards at the start of the next Paschal Cycle.

The readings shown below are those which occur in years when no such adjustment is necessary.

Monday	2 Peter 1:20-2:9	Mark 13:9-13
Tuesday	2 Peter 2: 9-22	Mark 13:14-23
Wednesday	2 Peter 3:1-18	Mark 13:24-31
Thursday	1 John 1:8-2:6	Mark 13:31-14:2
Friday	1 John 2:7-17	Mark 14:3-9
Saturday	2 Timothy 3:1-9	Luke 20:45-21:4

Sunday **34th SUNDAY AFTER PENTECOST.**

Tone 1

Matins Gospel (i) Matthew 28:16-20
Ephesians 4: 7-13 Matthew 4: 12-17

35th week after Pentecost

If this week occurs, then the daily readings of the 31st week after Pentecost are repeated.

Sunday 35th SUNDAY AFTER PENTECOST.

Tone 2

Matins Gospel (ii) Mark 16:1-8
1 Timothy 1:15-17 Luke 18:35-43

36th week after Pentecost

If this week occurs, then the daily readings of the 17th week after Pentecost are repeated.

Sunday 36th SUNDAY AFTER PENTECOST.

Tone 2

Matins Gospel (iii) Mark 16:9-20
2 Corinthians 6:16-7:1 Matthew 25:21-28

37th week after Pentecost

If this week occurs, then the daily readings of the 32nd week after Pentecost are repeated.

Sunday 37th SUNDAY AFTER PENTECOST.

Tone 4

Matins Gospel (iv) Luke 24:1-12
1 Timothy 4:9-15 Luke 19:1-10

By this point the new Paschal Cycle will have begun.

THE MINOR CYCLES

1. The Exaltation of the Cross (14/27 September)

Saturday before the Exaltation	1 Corinthians 2:6-9	Matthew 10:37-11:1
Sunday before the Exaltation	2 Corinthians 1:21-2:4	Matthew 22:1-14
Saturday after the Exaltation	1 Corinthians 1:26-29	John 8:21-30
Sunday after the Exaltation	Galatians 2:16-20	Mark 8:34-9:1

2. Nativity and Theophany

**Sunday next before
the Nativity of Christ**

Sunday of the Holy Forefathers

There are no Epistle and Gospel readings prescribed for this Feast

**Saturday before the
Nativity of Christ**

Galatians 3:8-12

Luke 13:18-29

**Sunday before the
Nativity of Christ**

Sunday of the Holy Forefathers

Vespers 1 Gen 14:14-20 2 Deut 1: 8-11 3 Deut 10: 14-21

Matins Gospel *according to the cycle*

Hebrews 11: 9-10, 17-23. 32-40

Matthew 1: 1-25

**Saturday after the
Nativity of Christ**

1 Timothy 6:11-16

Matthew 12:15-21

**Sunday after the
Nativity of Christ**

Gal 1: 11-19

Matthew 2:13-23

**Saturday before the
Theophany**

Timothy 3:14-4:5

Matthew 3:1-11

**Sunday before the
Theophany**

2 Timothy 4: 5-8

Mark 1: 1-8

Note : the Saturday/Sunday after Nativity may coincide with the Saturday/Sunday before Theophany, in which case both sets of readings are used.

**Saturday after the
Theophany**

Ephesians 6: 10-17

Matthew 4: 1-11

**Sunday after the
Theophany**

Ephesians 4: 7-13

Matthew 4: 12-17

MATINS GOSPELS ON SUNDAYS

In the period from the Sunday of Palms to Pentecost:

Sunday of Palms	its own prescribed readings
Pascha	its own prescribed readings
Thomas	i
Myrrhbearers	iii
Paralytic	iv
Samaritan	vii
Blind Man	viii
Holy Fathers	x
Pentecost	its own prescribed readings

From the Sunday of All Saints, the following readings in sequence, repeated as far as needed:

Matins Gospel	(i) Matthew 28:16-20
Matins Gospel	(ii) Mark 16:1-8
Matins Gospel	(iii) Mark 16:9-20
Matins Gospel	(iv) Luke 24:1-12
Matins Gospel	(v) Luke 24:12-35
Matins Gospel	(vi) Luke 24: 36-53
Matins Gospel	(vii) John 20:1-10
Matins Gospel	(viii) John 20:11-18
Matins Gospel	(ix) John 20:19-31
Matins Gospel	(x) John 21:1-14
Matins Gospel	(xi) John 21:15-25

THE GENERAL READINGS FOR THE COMMEMORATIONS OF THE SAINTS

Where no particular readings are prescribed, the following may be used, as appropriate.

The Most Holy Mother of God:

Matins: Luke 1:39-49, 56

Liturgy:

Philippians 2:5-11 *or*

Luke 10:38-42; 11:27,28

Hebrews 9:1-7

Angelic Powers:

1 Corinthians 14:20-25 *or*

Matthew 23:29-39 *or*

Hebrews 6:13-20 *or*

Luke 11:47-54

James 5:10-20

Prophets:

1 Corinthians 4:9-16

Luke 10:16-21 *or*

Matthew 13:24-30, 36-43

Apostles :

1 Corinthians 4:9-16

Luke 10:1-15 *or*

Luke 10:16-21

Hierarch:

Hebrews 7:26-8:2

John 10:9-16

Two or More Hierarchs:

Matins: John 10:1-9

Liturgy:

Hebrews 13:17-21

Matthew 5:14-19 *or*

John 10:9-16

Saints, and Fools-for-Christ's-Sake :

Galatians 5:22-6:2

Matthew 11:27-30 *or*

Luke 6:17-23

Martyr:

2 Timothy 2:1-10

Luke 12:1-12 **or**

John 15:17-16:2

Two or More Martyrs:

Romans 8:28-39 *or*
Hebrews 11:33-40

Matthew 10:16-22 *or*
Luke 21:12-19

Hieromartyr (Martyred Priest or Bishop):

Hebrews 13:7-16

Luke 12:32-40

Two or More Hieromartyrs:

Hebrews 5:4-10 *or*
Philippians 3:20-4:3

Luke 6:17-23 *or*
Luke 10:22-24 *or*
Luke 14:25-35

Martyred Monk or Nun:

2 Timothy 1:8-18

Mark 8:34-9:1

Two or More Martyred Monks or Nuns:

Romans 8:28-39

Matthew 10:32-33, 37-38, 19:27-30 *or*
Luke 12:8-12

Women Martyrs:

2 Corinthians 6:1-10 *or*
Galatians 3:23-29

Matthew 15:21-28 *or*
Mark 5:24-34

Holy Nuns

Galatians 3:23-29

Matthew 25:1-13 *or*
Luke 7:36-50

APPENDIX: THE "KELLIA READINGS"

The Slavonic Gospel and Epistle books also list what are known as the Kellia Readings for those who desire to read the New Testament more frequently. This scheme is designed for the private reading by monastics in their cells ("kellia") but is mentioned here as it may be of interest to clergy and lay people who have the time and opportunity to read more of the Holy Scripture than is possible using the Daily Lectionary prescribed for the readings in church.

It should be noted that the Kellia Readings include the Book of Revelation (Apocalypse) which is not read in Church. Further, in the Slavonic Epistle books there are prescribed introductions to all the Books with the exception of Revelation. These introductions are not yet available in English.

The reading of the Gospels follows a four week cycle and that of the Epistles (*Apostolos*) a ten week cycle.

More information about the Kellia Readings, and the scheme of readings proposed, is available at <http://www.orthodox.net/ustav/lectionary-for-the-kellia.html> and we gratefully acknowledge that website's assistance in providing this information.